



Lizbet Soto

2017-2018 Breakthrough to
Nursing Director

Sonoma State University

Graduation: May 2018

Hello everyone! It is very nice to make your acquaintance.

I am very excited to take on the role of Breakthrough to Nursing Director for this term.

While I was going through the pre-requisite courses to enter my program at Sonoma State University, I couldn't help but wonder why there wasn't more help and people that I could go to for advice. That's why I am so passionate about this role. I want to make sure that underrepresented youth make it into nursing programs and subsequently break into the field of nursing by providing them with tools for success.

Goals for my term as the Breakthrough to Nursing Director:

- Establish more Breakthrough to Nursing directors throughout the California Chapters and help them to start mentorship programs to connect pre-nursing students with nursing students.
- I hope to increase outreach to high school and middle school students to show them what nursing is about and why they should consider it as a great career option earlier rather than later.
- Reach out to underrepresented youth to help them navigate through the complexity that is nursing school.
- Organize small BTN conferences along with state chapters in different counties to reach more people interested in nursing.
- Provide more encompassing information to help nursing students create portfolios, resumes, cover letters, and learn how to answer interview questions as well as showing them what professionalism is all about.
- I want to inspire people by sharing inspiring nursing student's stories and how they were able to overcome tribulations and persevere in their nursing careers.

As you may have noticed, there is a lot to accomplish, but nothing worth having has ever come easy. I invite you to join me on my journey to creating a more diverse nursing student population (and subsequent nursing workforce). It's only with people like you, who truly care that anything will be accomplished. Fill out this very quick questionnaire ([Link](#))

to receive more information on how you can join the BTN committee and start making a difference in people's lives today.