

LUX ON HER SIDE

A STATEWIDE FEMININE HYGIENE PRODUCT DRIVE

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WHAT IS LUX ON HER SIDE?

Partner with California Student Nurses Association (CNSA) and California State Fullerton Campus in supporting a month long donation drive to benefit women in need of feminine products.

This toolkit will help your chapter set up a successful event and participate in the statewide drive to help supply products to women in need.

HOW TO ORGANIZE

ADVISE FROM CSUF FULLERTON NURSING STUDENT ASSOCIATION (NSA) - ANNMARIE HERRERA

Annamarie Herrera is the President of California State Fullerton's Nursing Association. CSUF Nursing Students Association is an organization on campus driven to not only be a resource to fellow future RN's, but cater to our community's needs as well as we take pride in being advocates for communities in needs.

Placing donation boxes all over campus, informing other student associations on campus about this drive and getting them involved, and integrating packing the hygiene products as an activity in a few of our general meetings have been a few of the key steps in the success of Lux on Her Side. From starting within NSA's association, it has grown widely involving other campus associations, and ultimately, the entire community.

The passion behind the drive and its goal have been something that have moved a lot of people and inspired them to be a part of this drive. Not to mention, the impact that it has made to the recipients of these hygiene products as well as the information that has been brought to light in regards to the luxury tax added on such a necessity have been monumental.

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THESE ITEMS ARE
A NECESSITY BUT
ARE TREATED
LIKE PRIVILEGED
PRODUCTS



CHAPTER GO-BY

1. Find a local organization in need
2. Partner with them and discuss specific individual needs
Some ideas include:
Homeless shelters
Women's shelters
Women's and Children's Crisis Center
Hope House
Victory Outreach
Julietta's Place
Other women's outreach or in need organizations in your area
3. Host a school or community wide drive for feminine hygiene products or other needed items.

4. Advertise the event on campus & collab with other clubs on campus!
5. Involve clinical sites in the collection of items (if able)
6. Set a time and date to assemble care packages
7. Gather students and other individuals to create care packages including educational handouts with this toolkit, the toxic shock syndrome information sheet in tampon boxes, and decorate bags to make them more personal to these women!
8. Bring your donation to your organization of choice!
9. Celebrate and be proud of the huge impact you made!



RESOURCES

UTILIZE THESE FLYERS TO ADVERTISE AND HANDOUTS FOR YOUR PRODUCTS

Below are some resources to find women shelters in California:

<https://www.womenshelters.org/sta/california>

<http://www.cpedv.org/domestic-violence-organizations-california>

<https://www.domestic-violence-help.org/California-womens-shelters.html>

<http://www.alexandriahouse.org/about>

<https://vcrescuemission.org>

<https://www.operationhopeshelter.org/history/>

As always, if you have any further questions, please don't hesitate to ask

CNSA Community Health Director at: cnsacommunityhealth@gmail.com OR

CSUF NSA at csufnsa.president@gmail.com

Consider using the following flyers and handouts to advertise your drive and to provide additional education! This link will bring you to an editable flyer to advertise your local chapters event.

<https://docs.google.com/presentation/d/1DRzhiSojZT8yZQjt5rWWaquuJnvsf-4BP5iy9ZQi3Ls/edit?usp=sharing>

This link will bring you to an educational flyer that we recommend including in each of your donation bags along with the feminine hygiene products.

<https://docs.google.com/document/d/1RtTFsy1naFoxHVswTi7T7yxGXI-9KT2CRdLEwkSZPwY/edit?usp=sharing>

We also suggest using the information sheet from inside tampon boxes to educate about Toxic Shock Syndrome.

