

RESOLUTIONS 2015

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TOPIC: DECREASING MENTAL ILLNESS STIGMA AND SEQUELAE BY IMPROVING

AWARENESS OF SIGNS AND SYMPTOMS IN CHILDREN

SUBMITTED BY: Georgia Baptist College of Nursing of Mercer University, Atlanta, GA; Mineral

Area College, Park Hills, MO; Student Nurses' Association of Illinois

WHEREAS, 6.2 million children in America suffer from an emotional, behavioral, or

developmental issue; and

WHEREAS, the main deterrent for children to seek help is the lack of understanding of

symptoms of mental health problems and consequent expectations of stigmatizing

responses from peers, parents, and teachers; and

WHEREAS, students would be more likely to seek help to get rid of the pain caused by

symptoms of a "physical" rather than "psychological" nature; and

WHEREAS, preschool depressive syndrome is the most robust risk factor for developing full

criteria for major depression in later childhood; and

WHEREAS, children with mental disorders more often have other chronic health issues than

children without mental disorders. Mental disorders in children are associated with an increased risk for mental disorders in adulthood, which are associated with decreased productivity, increased substance use and injury, and substantial costs to

the individual and society; and

WHEREAS, children with mental health disorders may miss 18-22 days of school per year.

School absences are associated with increased dropout rates; and

WHEREAS, one-half of all lifetime cases of mental illness begin by age 14 and three-quarters by

age 24. Early identification and intervention improve outcomes; and

WHEREAS, 90 % of those who die by suicide have a mental illness. Suicide is the third leading

cause of death for youth aged 15-24, after motor vehicle accidents and homicide. More youth and young adults die by suicide than all natural causes combined; and

WHEREAS, approximately 60% of high school students polled believed that "most kids who kill

themselves are normal" (Lake, Kandasamy, Kleinman, & Gould, 2013, p.696); and the Committee on Psychosocial Aspects of Child and Family Health and the Task

WHEREAS, the Committee on Psychosocial Aspects of Child and Family Health and the Task Force on Mental Health have called for increased competencies in the care of

pediatric patients; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) promote the use of updated

evidence-based practice to strengthen nursing education in regards to childhood

mental health disorders; and be it further

RESOLVED, that the NSNA encourage its members to promote excellence in mental health care

and provide community awareness by offering a webinar for members and

encouraging member participation in advocacy groups such as the National Alliance

for Mental Illness and; and be it further

RESOLVED, that the NSNA, in an effort to decrease the stigma of mental illness, encourage

school nurses to provide students with age-appropriate monthly mental health newsletters to promote open communication about mental health among teachers,

counselors, students and parents; and be it further

RESOLVED, that the NSNA encourage school counselors along with physical and health

educators to sponsor an age-appropriate health club which incorporates mental health awareness and participates in the National Children's Mental Health

Awareness Day in May of each year; and be it further

RESOLVED,

that the NSNA send a copy of this resolution to the American Academy of Pediatrics, the American Association of Colleges of Nursing, the American Foundation for Suicide Prevention, the American Mental Health Foundation, the American Nurses Association, the Association of Public Health Nurses, Mental Health America, the National Alliance on Mental Illness, the National Association of School Nurses, the National Council of State Boards of Nursing, the National League for Nursing, the National Organization for Associate Degree Nursing, Suicide Awareness Voices of Education, the Suicide Prevention Action Network USA, the United States Department of Education; and all others deemed appropriate by the NSNA Board of Directors.

TOPIC: INCREASED AWARENESS OF THE NEED FOR PROPHYLACTIC FOAM DRESSINGS TO

PREVENT PRESSURE ULCERS

SUBMITTED BY: National University Student Nurses' Association, Los Angeles, CA

WHEREAS, an intensive care unit (ICU) conducted a prophylactic sacral dressing study on 41

high-risk patients over a three-month period which produced zero incidence of

hospital-acquired pressure ulcers; and

WHEREAS, dressings should be used to enhance and supplement current pressure prevention

strategies; and

WHEREAS, when application of multi-layered soft silicone foam dressings were applied to

patients and were used in conjunction with current pressure ulcer prevention

strategies, a 10% reduction in pressure ulcer incidence was observed; and

WHEREAS, nineteen patient criteria identifiers were established for prophylactic sacral dressing

application, reducing hospital acquired pressure ulcer rates from 12.5% in 2009 to

7% in 2010; and

WHEREAS, during a six-month trial, it cost \$6,653 to apply silicone border foam dressings to

273 patients; and

WHEREAS, during one admission, the average cost for treating one hospital-acquired stage IV

pressure ulcer was \$129,248; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) encourage its constituents to

advocate for the awareness of the benefits of prophylactic foam dressings in

preventing hospital-acquired pressure ulcers; and be it further

RESOLVED, that the NSNA encourage its constituents to promote research into the use of

prophylactic foam dressings in preventing hospital-acquired pressure ulcers; and be

it further

RESOLVED, that the NSNA educate its constituents that prophylactic foam dressings are one

tool in preventing hospital-acquired pressure ulcers and should be used in

conjunction with existing evidence-based practices; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the National Pressure Ulcer Advisory

Panel, the Wound, Ostomy and Continence Nurses Society, the Association for the Advancement of Wound Care, the American Board of Wound Management, the American Nurses Association, the National League for Nursing, the American Association of Colleges of Nursing, the National Organization for Associate Degree

Nursing, and all others deemed appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF HEALTH PROMOTION PROGRAMS IN HEALTHCARE FACILITIES FOR

NURSES

SUBMITTED BY: Sinclair School of Nursing Student Nurses Association, Columbia, MO

WHEREAS, in 2010 the NSNA adopted the resolution titled, "In Support of Increased Education

in Self-Care Awareness for Nursing Students and Nurses"; and

WHEREAS, nurses are often seen as a point of reference for healthy behaviors; and

WHEREAS, nurses are less likely to address unhealthy lifestyle issues with their patients if they

themselves have an unhealthy lifestyle. Examples of unhealthy lifestyle habits include smoking, obesity, unhealthy diet, little to no physical activity, alcohol and

drug use; and

WHEREAS, patients are more likely to follow health promotion advice when taught by nurses

who outwardly appear to embrace healthy lifestyle choices; and

WHEREAS, by participating in programs that improve health, nurses gain positive health

outcomes and experience an improvement in general health and mental health. Examples of improvement include a reduction of high-risk blood pressure, fasting blood sugar, and high stress. Other positive outcomes are lowering cholesterol, increasing physical activity, reducing fatty diets, and reducing heavy drinking.

Prevention plans and programs can identify each individual's top health and lifestyle risks and give recommended health plans to remediate and improve their health;

and

WHEREAS, with the increasing cost of healthcare, the amount of money employees pay since

1999 in insurance premiums has increased by 128%; and

WHEREAS, nurses who participate in prevention plans lower their overall health risk category,

incidentally reducing premium costs; and

WHEREAS, avoidable illness results in unnecessary and avoidable medical and productivity

costs for the employer; and

WHEREAS, an employee in poor health is more likely to be absent and less productive at work

compared to a healthy employee. This affects employers by impeding profitability

and reducing productivity; and

WHEREAS, lowering obesity rates could lead to productivity gains of \$254 billion and avoid \$60

billion in treatment expenses; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) support the education,

counseling, and development of healthy lifestyle plans that prevent avoidable and

chronic diseases; and be it further

RESOLVED, that the NSNA encourage health care facilities to develop comprehensive

prevention plans that include: the health risk assessment questionnaire, complete blood tests that include lipid profiles and fasting blood glucose, and biometric

measurements; and be it further

RESOLVED, that the NSNA encourage health care facilities to provide incentives to support

continued participation in these prevention plans. Such incentives can include monetary rewards, gym memberships, reimbursements for fitness monitoring equipment, lower insurance premiums, and meal discounts or decrease prices for

healthier food and beverages at health care facilities; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses Association,

the National League for Nursing, the American Hospital Association, the American

Medical Association, Sigma Theta Tau International, the National Organization for Associate Degree Nursing, the American Association of Colleges of Nursing, and any others deemed appropriate by the NSNA Board of Directors.

TOPIC: FOR INCREASED INCLUSION OF COMPLEMENTARY AND ALTERNATIVE

THERAPIES FOR PAIN MANAGEMENT BY THE NURSING PROFESSION

SUBMITTED BY: West Virginia University School of Nursing, Morgantown, WV;

California Nursing Students' Association

WHEREAS, nursing programs prepare graduates to implement holistic, patient-centered

care that reflects an understanding of human growth and development, pathophysiology, pharmacology, and nursing management across the lifespan

and in all healthcare settings; and

WHEREAS, Complementary and Alternative Medicine (CAM) should be included in nursing

curricula to ensure students fully comprehend the effectiveness of CAM

therapies; and

WHEREAS, an estimated 76 million people in the United States (U.S.) suffer from chronic

pain, which costs the U.S. an estimated \$100 billion a year; and

WHEREAS, nearly five million Americans state that they are overusing prescription pain

medication and are concerned that it may be unsafe; and

WHEREAS, unnecessary pain can damage the nurse-patient relationship, while knowledge

of alternative techniques can improve patient care and satisfaction by decreasing the fear that may cause a delay in seeking medical care; and

WHEREAS, there are less undesirable side effects related to CAM therapies, as compared to

traditional western pain medications, like opioids; and

WHEREAS, there has been a rise in the misuse and abuse of opioid pain medications in the

U.S.; and

WHEREAS, a 2014 meta-analysis found that 50% of patients who received CAM therapies

had improvement in pain control; therefore it be

RESOLVED, that the National Student Nurses' Association (NSNA) advocate for the

expansion of undergraduate nursing curricula to include evidence-based Complementary and Alternative Medicine (CAM) therapies for pain

management; and be it further

RESOLVED, that the NSNA encourage its constituents to advocate for their patients to

receive CAM therapies, such as acupressure and acupuncture, for pain

management; and be it further

RESOLVED, that the NSNA establish breakout sessions at the 2016 annual convention that

provide CAM education and application instruction to increase awareness, comfort, and competency in skill execution, if feasible; and be it further

RESOLVED, that the NSNA publish an article to address the importance and implications of

using CAM therapies for pain management within patient care in *Imprint*, if

feasible; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses

Association, the National League for Nursing, the American Hospital Association, the American Association of Colleges of Nursing, the American Association of Acupuncture and Oriental Medicine, the National Association of Clinical Nurse Specialists, the National Council of State Boards of Nursing, the National Organization for Associate Degree Nursing, America's Essential Hospitals, the American Academy of Pain Management Nursing, and all others deemed

appropriate by NSNA Board of Directors.

TOPIC: IN SUPPORT OF INCREASED AWARENESS AND EDUCATION REGARDING

INTERPRETER USE FOR LIMITED ENGLISH PROFICIENCY PATIENTS

SUBMITTED BY: Salisbury University Student Nurses' Association, Salisbury, MD

WHEREAS, the 2011 American Community Survey (ACS) identified 60.6 million people who

spoke a language other than English; of these, 41.8% were limited English

proficiency (LEP), speaking English less than "very well"; and

WHEREAS, persons of LEP experience more medication errors, unnecessary diagnostic

treatments and invasive procedures than their English-speaking counterparts,

resulting in additional costs and decreased satisfaction; and

WHEREAS, Title VI of the 1964 Civil Rights Act ensures equal health care access by considering

the denial of free language assistance as a discriminatory act against one's national

origin; and

WHEREAS,

WHEREAS, the National Culturally and Linguistically Appropriate Services Standards in health

and health care recommend that language services be provided by qualified

interpreters rather than untrained individuals or minors; and

WHEREAS, the Office of Minority Health suggests that bilingual family, friends, and strangers

lack the medical terminology training needed to provide accurate translation; and qualified interpreters are unbiased mediators in patient-provider communication

who operate under an ethical code to protect patient confidentiality rights; and

WHEREAS, in a cross-sectional analysis of pediatric emergency department visits in

Massachusetts, interpreter errors with adverse consequences were significantly lower with professional (12%) versus ad hoc (22%) or no interpreters (20%); and

WHEREAS, while 73% of Spanish- and Chinese-speaking patients preferred an interpreter, only

37% had an interpreter present while speaking with a nurse; remaining patients

reported "getting by" or "barely speaking at all"; and

WHEREAS, providing patients with qualified interpreters enhances patient understanding,

maximizes quality of care, and increases patient and provider satisfaction with the

clinical outcome; and

WHEREAS, a study of 40 acute-care nurses discussed the need for increased education about

interpreter services to provide culturally competent care; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) encourage its constituents to

support increased education for nursing students and health care professionals on the legal and ethical considerations for providing interpretive services to patients

with limited English proficiency (LEP); and be it further

RESOLVED, that the NSNA publish an article in *Imprint* pertaining to the use of qualified medical

interpreters when communicating with LEP patients, if feasible; and be it further

RESOLVED, that the NSNA encourage nursing programs to introduce nursing students to the

interpretive services available for patients at their various clinical facilities; and it be

further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses Association,

the National League for Nursing, Sigma Theta Tau International, the American Association of Colleges of Nursing, the National Organization for Associate Degree Nursing, the American Association of Critical Care Nurses, the Emergency Nurses Association, the Association of Public Health Nurses, the Association of Community Health Nursing Educators, the National Council of State Boards of Nursing, and all

others deemed appropriate by the NSNA Board of Director.

TOPIC: IN SUPPORT OF ENCOURAGING A SHORT PERIPHERAL CATHETER ACCESS

CURRICULUM FOR ALL UNDERGRADUATE NURSING PROGRAMS

SUBMITTED BY: University of North Florida, Jacksonville, FL

WHEREAS, in 2010, the National Student Nurses' Association (NSNA) House of Delegates

adopted the resolution, "In Support of Increasing Awareness and Education on the Centers for Disease Control and Prevention's (CDC) Guidelines for the

Prevention of Intravascular Catheter-Related Infections"; and

WHEREAS, more than 90% of hospitalized patients are using some type of venous access

device, with the most commonly used being the short peripheral catheter; the tip of a short peripheral catheter starts and ends in a peripheral vein, it is

normally less than 3 inches long, and it is intended for short term therapy lasting

less than six days; and

WHEREAS, there are as many as 10,000 Staphylococcus aureus bacteremias found from

short peripheral catheters (SPC) per year due to knowledge gaps and

inadequate clinical practices; and

WHEREAS, there is a rise in lawsuits against nurses related to SPC placement and

subsequent patient injuries, with an average of more than \$100,000 of paid

indemnity reported; and

WHEREAS, the Infusion Nurses Society (INS) reported 57% of surveyed nurses from the

2013 INS IV Safety Practice Survey were not taught how to insert a SPC while in

nursing school; and

WHEREAS, vascular access curriculums in nursing programs vary with some students

receiving more or less education than others; and

WHEREAS, an integrative review by the Association for Vascular Access, in 2012, concluded

that training in short peripheral vascular access for all undergraduate clinicians

is crucial to assure competency before encountering patients; and

WHEREAS, in October 2013, INS published a position paper recommending that the

insertion, care, and maintenance of short peripheral catheters be applied as a standardized curriculum in all undergraduate nursing programs, thus affording novice nurses with the basic knowledge and skills they need to practice in

today's healthcare arena; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) encourage the

development of a standardized short peripheral catheter access device curriculum for all undergraduate nursing programs; and be it further

RESOLVED, that the NSNA publish an article in *Imprint*, if feasible, expressing the

importance of the development of a standardized infusion therapy program on

short peripheral catheter access devices for all undergradutae nursing

programs; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the INS and the Association for

Vascular Access, nationally recognized infusion therapy expert organizations, in order to encourage them to collaborate in publishing standardized guidelines

for a short peripheral catheter curriculum to be made available for all

undergraduate nursing programs; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses

Association, the American Association of Colleges of Nursing, the National Council of State Boards of Nursing, the National League for Nursing, the

National Organization for Associate Degree Nursing, and all others deemed appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF PEDIATRIC CARE COORDINATION AMONG HEALTHCARE AND

EDUCATION SYSTEMS

SUBMITTED BY: Mount Mercy University Association of Nursing Students, Cedar Rapids, IA

WHEREAS, healthcare, community, and educational services are often uncoordinated; and

WHEREAS, studies have shown that communication among schools and healthcare

personnel rarely occurs; and

WHEREAS, care coordination systems improve communication and access to services that

optimize health and increase patient care satisfaction; and

WHEREAS, most students receiving regular health services from schools have chronic

illnesses that require ongoing management, while healthy students need access

to health services and health education to stay healthy; and

WHEREAS, differences in the healthcare and education systems are barriers to exchanging

essential information among hospitals, private providers, and school personnel;

and

WHEREAS, school nurse interventions are often not documented in a manner that is shared

with other health care providers, adding to the lack of care coordination. Also, school systems lack many resources necessary to provide important data to healthcare providers that can help develop more cost-effective treatment plans

and be more patient centered; and

WHEREAS, interventions by the school nurse should complement rather than compete with

other health personnel so the family will not feel overburdened; and

WHEREAS, school nurses lack standard protocols to handle problems for chronically ill

children, leading to the inappropriate use of the hospital, especially the

emergency room; and

WHEREAS, school nurse-to-student ratios vary and have been reported as one school nurse

to 1,500 students. This limits the nurse's ability to provide effective care

coordination; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) support and promote the

collaboration among interprofessional healthcare teams and education systems to nursing students through the NSNA website, if feasible; and be it further that the NSNA encourage nursing students to be proactive and advocate for

RESOLVED, that the NSNA encourage nursing students to be proactive and advocate for

improved pediatric care coordination among healthcare and education systems;

and be it further

RESOLVED, that the NSNA encourage all constituent nursing programs to support

opportunities for nursing students to observe and evaluate pediatric care coordination among healthcare and education systems; and be it further

RESOLVED, that the NSNA publish an article about this resolution in *Imprint*, if feasible; and

be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses

Association, the American Association of Colleges of Nursing, the National League for Nursing, the National Organization for Associate Degree Nursing, the American Public Health Association, the U.S. Department of Health and Human Services, the U.S. Department of Education, the National Association of School Nurses, the American Academy of Pediatrics, and all others deemed appropriate

by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF INCREASED AWARENESS AND EDUCATION ABOUT PORTION

SIZE ESTIMATION AIDS

SUBMITTED BY: Tennessee Association of Student Nurses

WHEREAS, more than two billion individuals worldwide are overweight and 700 million

more are obese; and

WHEREAS, from 1976 to 2000, the incidence of obesity in the United States increased from

14.4% to 30.9%, an increase that has been observed regardless of age, gender,

ethnicity, socioeconomic status, or race; and

WHEREAS, obesity has been associated with metabolic syndrome, osteoarthritis,

cardiovascular disease, respiratory compromise, increased intra-abdominal pressure, skin conditions, and mental illnesses such as depression; and

WHEREAS, portion sizes have greatly increased from the recommended size; and

WHEREAS, behavioral research has demonstrated that when more food is served, more is

consumed, thus increasing total food intake; and

WHEREAS, the influence of the current "super sized" society has increased the daily

consumption of calories and consumers indicate that they no longer know what

a normal portion size is; and

WHEREAS, portion size estimation aids and consumer education were shown to have a

positive effect in improving overall accuracy in determining portion size, and portion control has been shown to reduce caloric intake and manage body

weight; and

WHEREAS, current portion size estimation aids include food photographs, volume

measurements, three dimensional models, food drawings, household measurements, and plastic food replicas. Food photographs and household measurement estimations are the most widely used aids at this time. In addition, immediate feedback computerized software is being developed to

provide consumers with feedback on portion size; and

WHEREAS, each individual's needs and current level of nutritional knowledge must be

assessed to determine the appropriate aid to ensure efficacy in combating the

obesity epidemic; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) support increased

awareness and education about portion size estimation aids in nursing curricula

as a method to combat the growing obesity epidemic; and be it further

RESOLVED, that the NSNA publish an article in *Imprint* regarding portion control to manage

body weight and a summary of different portion size estimation tools, if

feasible; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses

Association, the National League for Nursing, the American Association of Colleges of Nursing, the National Organization for Associate Degree Nursing, the Academy of Nutrition and Dietetics, the American Hospital Association, the American Public Health Association, the American Society for Nutrition, the Institute for Healthcare Improvement, the National Alliance for Nutrition and Activity, the National Council of State Boards of Nursing, Sigma Theta Tau International, the Society for Nutrition Education and Behavior, and all others

deemed appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF SELF-CARE ACTIVITIES INCORPORATED INTO THE NURSING

PROGRAM CURRICULA TO PROMOTE HOLISTIC LIFESTYLES

SUBMITTED BY: Georgia Association of Nursing Students; Kennesaw State Student Nurses

Association, Kennesaw, GA; Missouri Nursing Students' Association, Columbia,

MO

WHEREAS, the 2013 National Student Nurses' Association (NSNA) adopted the resolution

"In support of implementing holistic health programs for the improvement of

student nurse's healthy lifestyles"; and

WHEREAS, there have been many studies conducted on nursing students, indicating self-

care and wellness behaviors in the group are inconsistent due to lack of time, self-care activities not seen as a priority, lack of understanding about the effects of unmanaged personal stress on care delivery quality, and curricula omission of

the importance of their own self-care; and

WHEREAS, levels of heightened stress that extend beyond the educational setting have a

correlation with nursing errors that affect patient safety; and

WHEREAS, high levels of stress and anxiety can decrease nursing performance, the ability

to learn, and can strain the relationship between student and faculty. Therefore, the importance of the nursing student and faculty relationship is imperative to

alleviating nursing student stressors; and

WHEREAS, there is a correlation between high stress levels and impaired emotional coping

mechanisms, as well as the benefits of programs helping to educate about and

improve nursing students' emotional capabilities; and

WHEREAS, in one study, of the 84% of nursing students who passed their nursing program's

courses, 91% participated in extracurricular activities, showing that there is a high correlation of success that is tied with nursing students participating in

extracurricular activities; and

WHEREAS, research conducted by Yearwood and Riley, based on self-care while in nursing

school, concluded that student reflections confirmed an awareness of the need for care of self to be safe and effective practitioners. Students applied healthy behaviors and prevention methods with deliberate efforts to care for self with

strategies such as exercise, meditation, and time alone; and

WHEREAS, nursing students that do not adapt to positive coping mechanisms present

greater occurrences of maladaptive coping behaviors such as isolation from others, disregarding stress, depression, anxiety, and drinking alcohol; therefore

be it

RESOLVED, that the National Student Nurses' Association (NSNA) support faculty actively

encouraging student involvement in self-care activities being incorporated into nursing curricula, as well as continuing to encourage nurse educators to be involved in incorporating self-care classes into nursing curricula; and be it

further

RESOLVED, that the NSNA support education on the importance of self-care of nursing

students and the impact being a healthy nursing student has on school

performance and patient care; and be it further

RESOLVED, that the NSNA support nursing school curricula in educating students and

faculty on the difference between "eustress" and "distress", provoking factors,

and how to capitalize on eustress; and be it further

RESOLVED, that the NSNA encourage constituents to conduct research on the correlation

between nursing students who are involved in extracurricular activities, and their levels of success in their respective academic programs; and be it further,

that the NSNA encourage faculty and staff to be educated about and aware of student stress so that they can support student growth and development

through student involvement in extracurricular activities; and be it further that the NSNA advocate for nursing faculty, staff, and administration promotion

of student extracurricular and/or co-curricular activities related to self-care, by integrating student involvement programs and opportunities that center around developing the students in a holistic manner that includes focusing on the

intellectual, social, spiritual, occupational, emotional, physical, and

environmental dimension of a student; and be it further

RESOLVED, that the NSNA encourage support programs and coping strategies to promote

the psychosocial well-being of the students, thus improving the patient's quality

of care, which is the nurse's highest priority; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses

Association, the National League for Nursing, the American Association of Colleges of Nursing, the National Organization for Associate Degree Nursing, Sigma Theta Tau International, the Health Resources and Services

Administration, the American Psychiatric Nurses Association, the National

Council of State Boards of Nursing, and all others deemed appropriate by the

NSNA Board of Directors.

RESOLVED,

RESOLVED,

TOPIC: IN SUPPORT OF INCREASED EDUCATION RELATED TO TIME MANAGEMENT IN

THE CLINICAL SETTING

SUBMITTED BY: Arkansas Nursing Students' Association

WHEREAS, time management is the ability to appropriately use resources to ensure time is

invested to achieve high-priority goals; and

WHEREAS, time management skills can help reduce the nurse's level of stress due to a close

relationship between time management and stress management; and

WHEREAS, time management is considered to be the basis of nursing success; and WHEREAS, research demonstrates that effective use of time increases balance between

work and personal life for nursing students; and

WHEREAS, after time management educational programs were put in place, the

effectiveness of time management skills for nurses increased from 82% to 95%;

and

WHEREAS, the National Institute for Occupational Safety and Health (NIOSH) reports that

health care workers have increased job stress and anxiety compared to other professionals, leading to increased rates of substance abuse and suicide; and

WHEREAS, NIOSH further reports that increased job stress is due to job demands, excessive

work load, time pressure, and poor organization climate; and

WHEREAS, job satisfaction can be increased through improvement of time management

abilities and reduction of stress; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) encourage the

development of nursing curricula to include education and goal oriented activities on time management in the clinical setting and incorporate evidence-

based nursing curricula related to this topic; and be it further

RESOLVED, that the NSNA address the implementation of education on time management

in a clinical setting in articles published in *Imprint* and at focus sessions at the

midyear and annual conventions, if feasible; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses

Association, Sigma Theta Tau International, the National League for Nursing, the American Association of Colleges of Nursing, the National Organization for Associate Degree Nursing, the Accreditation Commission for Education in Nursing, the National Council of State Boards of Nursing, the American Organization of Nurse Executives, the U.S. Department of Education, the American Association of Managed Care Nurses, and all others deemed

appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF INCREASED SPINAL MUSCULAR ATROPHY AWARENESS AND

EDUCATION

SUBMITTED BY: University of Central Florida, Orlando, FL

WHEREAS, Spinal Muscular Atrophy (SMA) is a genetic neuromuscular disease caused by a

defect in the survival motor neuron 1 (SMN1) gene that is responsible for encoding the SMA protein (which is essential for muscular strength and

contraction); and

WHEREAS, complications include inability to clear airway secretions leading to aspiration,

difficulty eating, difficulty breathing during sleep, respiratory infections, contracture of muscles and tendons, scoliosis, and hip dislocations; and

WHEREAS, SMA is the number one inherited killer among infants and toddlers and there is

no known cure; and

WHEREAS, 1 in 50 people are unknowingly carriers of the disease and have a 25% chance

that their offspring will inherit the disease with each pregnancy; and

WHEREAS, SMA affects all racial and ethnic groups with a carrier risk of 1 in 47 among

Caucasians, 1 in 52 Asian Indians, 1 in 59 Asians, 1 in 67 Ashkenazi Jews, 1 in 72

African Americans, and 1 in 68 Hispanics; and

WHEREAS, 1 in 6,000 to 1 in 10,000 children are born with SMA with an estimated number

of 10,000-25,000 total patients in the United States; and

WHEREAS, since 1996 the Families of Spinal Muscular Atrophy has recognized August as

SMA awareness month; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) recognize the month of

August as Spinal Muscular Atrophy (SMA) Awareness Month and use this time frame to raise awareness among its constituents by publishing articles about SMA on the NSNA website during the month of August, if feasible; and be it

further

RESOLVED, that the NSNA publish an informative article in *Imprint* using materials from

evidence-based sources to educate its constituents regarding SMA, if feasible;

and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses

Association, the National League for Nursing, the American Association of Colleges of Nursing, the National Council of State Boards of Nursing, the National Organization for Associate Degree Nursing, and to organizations that promote Spinal Muscular Atrophy awareness such as the Gwendolyn Strong Foundation, the SMA Foundation, Families of SMA, the Claire Altman Heine Foundation, Fight SMA, the Jacob Isaac Rappoport Foundation, and all others

deemed appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF INCREASED AWARENESS ABOUT EARLY DETECTION LUNG

CANCER SCREENINGS FOR AT-RISK PATIENTS

SUBMITTED BY: The Student Nurses Association of Pennsylvania

WHEREAS, "Lung cancer remains the leading cause of cancer mortality, accounting for

almost 27% of all cancer-related deaths, which totals approximately 159,260

deaths per year" (Doerfler-Evans, 2014, para. 4); and

WHEREAS, "The majority of lung cancer cases are detected at an advanced stage when

surgical resection is no longer an option" (Lehto, 2014, pg. 338); and

WHEREAS, "Lung cancer is typically not diagnosed until it is stage III or IV and the chances

of survival are 8% and 2% respectively" (The American Cancer Society, 2014, the American Cancer Society considers people at risk for lung cancer if they

WHEREAS, the American Cancer Society considers people at risk for lung cancer if they meet all of the following criteria: are 55 years of age and older, are in fairly good

health, have at least a 30 pack-year smoking history, and are either still smoking

or have quit smoking within the last 15 years; and

WHEREAS, checking high-risk smokers, compared to no screenings, can lower a person's

risk of dying of lung cancer by 20%, and thereby decreasing the number of

deaths by 18,000; and

WHEREAS,

WHEREAS, low dose Computer tomography (CT) scans are currently being used to detect

early stage lung cancer nodules; however, they are not routinely used and are not required for those who are at a high risk of developing lung cancer; and patient education material that explains various procedures is usually, more

often than not, unavailable to patients, which could mean they are unable to

make informed decisions about testing; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) increase awareness of the

need for further research regarding the usage of not only CT scans and X-rays, but the possibility of other methods for early detection screenings for those

patients who are at high risk for lung cancer; and be it further

RESOLVED, that the NSNA publish articles in *Imprint* about the need for further research

regarding early detection of lung cancer, if feasible; and be it further

RESOLVED, that the NSNA encourage its constituents to hold meetings or forums on this

that the NSNA encourage its constituents to hold meetings of forums on the

topic, if feasible; and be it further

RESOLVED, that the NSNA provide workshops on the topic of early detection of lung cancer

at the Annual Convention, if feasible; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses

Association, the National League for Nursing, the American Association of Colleges of Nursing, the National Organization for Associate Degree Nursing, the American Cancer Society, the American Lung Association, the Lung Cancer

Foundation of America, the U.S. Department of Health and Human Services, and

all others deemed appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF ASSESSMENT AND CLIENT CONTACT TO RECOGNIZE BIAS

AGAINST MENTAL ILLNESS

SUBMITTED BY: Oakland Community College Student Nurses' Association, Waterford, MI

WHEREAS, in 2010 the National Student Nurses' Association (NSNA) House of Delegates

adopted a resolution, "In support of increasing awareness of mental healthcare

treatment outcomes"; and

WHEREAS, among U.S. adults, 25% have a mental illness and nearly 50% are estimated to

develop one; and

WHEREAS, approximately 13 – 20% of children experience a mental illness, which

ultimately shortens life expectancy by 25 years; and

WHEREAS, nurses are often the first-line medical personnel to treat mental illness; and WHEREAS,

nurses and nursing students may demonstrate unconscious bias that if

unrecognized and unmanaged, can lead to health disparities for persons with mental illness. Unconscious bias coupled with a lack of meaningful contact with

a functional person experiencing mental illness perpetuates this bias; and

WHEREAS, persons with mental illness suffer documented healthcare disparities.

Unconscious bias leads to "diagnostic overshadowing" where physical illness

symptoms are attributed to mental illness rather than physical; and

interpersonal contact with affected clients promotes positive attitudes towards WHEREAS,

patients; and

WHEREAS, eradication of bias and stigma require self-assessment and direct experience

with a functional client with a mental illness. Neither are required education

curricula; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) encourage self-

> assessment and direct contact with optimally functional persons with a mental illness as important components of nursing school curricula; and be it further

RESOLVED, that the NSNA encourage its constituents to support continued research

> regarding this topic to accomplish two goals: to give future nurses the ability to recognize their own biases, and to ensure these biases do not affect patient

care; and be it further

that the NSNA provide education regarding this topic at the MidYear and Annual RESOLVED,

Conventions, if feasible; and be it further,

RESOLVED, that the NSNA publish an informative article regarding this topic in Imprint, if

feasible; and be it further,

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses

> Association, the National League for Nursing, the American Psychiatric Nurses Association, the American Association of Colleges of Nursing, the National Council of State Boards of Nursing, the National Organization for Associate Degree Nursing, the National Alliance on Mental Illness, and to any other

entities deemed appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF IMPROVING THE GUIDANCE FOR FUTURE AND NEWLY

GRADUATED NURSES ENTERING THE PROFESSION

SUBMITTED BY: NSNA Board of Directors 2014-2015; Grand Valley State University

Student Nurses' Association, Allendale, MI

WHEREAS, this resolution re-affirms the importance of the 2008 NSNA resolution titled "In

support of national standardized curricula for nurse residency programs"; and

WHEREAS, preceptor-based orientation for new graduate nurses increases program

satisfaction and retention and reduces turnover rates and cost; and

WHEREAS, institutions may initially look to education as a source for budget cuts; leaders

should consider thorough, structured orientation programs with adequately

prepared preceptors; and

WHEREAS, an understanding of learning and motivation styles is considered essential for

those in teaching and precepting positions; and

WHEREAS, more than 2,200 new nurses were assessed using the Performance-Based

Development System (PBDS). This tool evaluates critical thinking, interpersonal, and technical competences for nurses; 70% of them were not meeting entry-

level expectations; and

WHEREAS, a study was done using the Halfer-Graf Job/Work Environment Nursing

Satisfaction Survey to measure job satisfaction with nurses who have completed

the Interactive Nurse Residency program. The study showed that after completion of a one-year residency program, nurses had an improved perception about their ability to identify resources, perform their job, understand performance expectations, and manage the demands of the

understand performance expectations, and manage the demands of the job

effectively; and

WHEREAS, in 2011, the Institute of Medicine recommended that "state boards of nursing,

accrediting bodies, the federal government, and health care organizations should take actions to support nurses' completion of a transition-to-practice program (nurse residency) after they have completed a pre-licensure or advanced practice degree program or when they are transitioning into new clinical practice areas" (Institute of Medicine, 2011, p. 35); therefore be it that the National Student Nurses' Association (NSNA) support increasing

research and encourage its constituents to advocate for the implementation of

national guidelines for pre- and post licensureship, as well as advocating for improvements in nurse externships and nurse residency programs; and be it

further

RESOLVED,

RESOLVED, that the NSNA publish an article in *Imprint* to support the need for guidance for

graduate nurses, if feasible; and be it further

RESOLVED, that the NSNA provide information regarding the topic on the NSNA website, if

feasible; and be it further

RESOLVED, that the NSNA promote break-out sessions and poster presentations regarding

this topic at local, state and national meetings, if feasible; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses

Association, the National League for Nursing, the National Council of State Boards of Nursing, the Association for Nursing Professional Development, the American Association of Colleges of Nursing, the National Organization for Associate Degree Nursing, the Graduate Nursing Student Academy, and all others deemed appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF INCREASED RESEARCH AND AWARENESS OF THE CURRENT

HEALTH CONCERNS RELATED TO E-CIGARETTES

SUBMITTED BY: Emory Student Nurses Association, Atlanta, GA; Montana Student Nurses

Association

WHEREAS, in 2014 and 2012 the National Student Nurses' Association (NSNA) House of

Delegates adopted resolutions "Increasing awareness and education about the benefits of being smoke and tobacco free" and "In support of increased

awareness and education of the detrimental effects of waterpipe/hookah

smoking"; and

WHEREAS, electronic cigarettes, also known as e-cigarettes or electronic nicotine delivery

devices, mimic traditional cigarettes but vary in that they are comprised of three parts: a component resembling a filter, a vaporizing device, and a battery; and

WHEREAS, manufacturing has grown into a 3 billion dollar enterprise including 466 brands

and nearly 8000 attractive flavors, and sales are forecast to increase 17-fold by

2030; and

WHEREAS, there is no regulation or government oversight of e-cigarette production,

including by the Food and Drug Administration (FDA); and

WHEREAS, the FDA analysis of a sampling of electronic cigarette cartridges found chemicals

that are known carcinogens, such as nitrosamines and diethylene glycol, a

chemical used in antifreeze; and

WHEREAS, e-cigarettes have been advertised as a safe alternative to smoking including as a

smoking cessation product; however, current research does not support their

effectiveness; and

WHEREAS, inhaled e-cigarette particles are smaller than those of traditional cigarette

particles and about 40% of these particles can become lodged in the alveoli and

impair gas exchange; and

WHEREAS, calls to poison centers concerning e-cigarette exposure have risen from 0.3% in

September 2010 to 41.7% in February 2014; and

WHEREAS the percentage of high school students who reported ever using an e-cigarette

rose from 4.7% in 2011 to 10.0% in 2012, and the number of adult smokers who have tried an e-cigarette rose from 10% in 2010 to 21% in 2011; therefore be it that the National Student Nurses' Association (NSNA) encourage its constituents

RESOLVED, that the National Student Nurses' Association (NSNA) encourage its constituent to advocate for further research into the health implications of e-cigarette use;

and be it further

RESOLVED, that the NSNA publish an article on this topic in *Imprint*, if feasible; and be it

further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses

Association, the National League for Nursing, the American Academy of Pediatrics, the American Association of Colleges of Nursing, the American Association of Nurse Practitioners, the National Organization for Associate Degree Nursing, the Centers for Disease Control and Prevention, the American Medical Association, the United States Food and Drug Administration, the American Lung Association, the American Cancer Association, the Institute for Healthcare Improvement, and all others deemed appropriate by the NSNA

Board of Directors.

TOPIC: IN SUPPORT OF RAISING NURSING AWARENESS AND EDUCATION ABOUT

COMPLEX REGIONAL PAIN SYNDROME (CRPS)

SUBMITTED BY: Michigan Nursing Student Association

WHEREAS, Complex Regional Pain Syndrome (CRPS) is a disabling and very painful

syndrome that usually presents in a limb after an injury such as a sprain,

fracture, or after surgery; and

WHEREAS, the limb affected can have several changes including sensory, motor, autonomic

and trophic changes such as swelling, muscle spasms, sweating, skin coloring

changes, and even a difference in temperature of the limb; and

WHEREAS, receiving treatment in a timely manner is essential for the patient with CRPS

and there is a three-month window in which treatment needs to be initiated for positive outcomes. If the window is missed, the patient may never recover and

can have unrelenting problems; and

WHEREAS, "With a population of 300 million, the United States may have between 150,000

and 250,000 people suffering with CRPS. The prevalence of registered patients may underestimate the true prevalence of CRPS by 50%" (Moskovitz, 2010,

para. 3); and

WHEREAS, due to the variance in symptoms and the complexity of CRPS, diagnosis can only

be made in a period when the patient is symptomatic, thus misdiagnosis is

extremely common; and

WHEREAS, the best approach for treatment of CRPS is multidisciplinary, with the role of the

nurse to advocate for the patient and to be a liaison with every member of the

team; and

WHEREAS, nurses are essential in supporting patients with this debilitating condition along

with early diagnosis and referrals to appropriate healthcare professionals to

manage the condition; and

WHEREAS, minimal information exists in the nursing literature to inform and teach nurses

how to care for patients with CRPS, especially for patients who are undergoing

surgery or other treatments for the condition; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) encourage its constituents

to collaborate with health and nursing related organizations to increase

awareness and education about CRPS; and be it further

RESOLVED, that the NSNA publish articles in *Imprint* and offer workshops at the Annual

Convention to increase constituents' awareness and education on the subject of

CRPS, if feasible; and be it further

RESOLVED, that the NSNA encourage its constituents to advocate for more research and

education so that nursing students and healthcare professionals can become

educated and aware of CRPS; and be it further

RESOLVED, that the NSNA encourage constituents to be educated on CRPS to ensure that

they will be strong advocates and will know how to care for their patients

suffering with CRPS; and be it further

RESOLVED, that the NSNA encourage its constituents to recognize November as the

National CRPS Awareness month as a time to promote and educate the

community on CRPS; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the National League for Nursing,

the National Organization for Associate Degree Nursing, the American Nurses

Association, the American Association of Colleges of Nursing, the American Society for Pain Management Nursing, the American Chronic Pain Association, the American RSD Hope Organization, the Reflex Sympathetic Dystrophy Syndrome Association, the International Research Foundation for RSD/CRPS, the American Pain Society, the American Academy of Pain Medicine, the American Academy of Pain Management, the Society for Pain Practice Management, the American Medical Association, the International Association of Clinical Research Nurses, and all others deemed appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF MENTAL HEALTH FIRST AID TRAINING FOR EMERGENCY

SERVICE PERSONNEL

SUBMITTED BY: Eleanor Mann School of Nursing, University of Arkansas, Fayetteville, AR

WHEREAS, in 2010 the National Student Nurses' Association (NSNA) House of Delegates

adopted a resolution in support of improving mental healthcare treatment

outcomes; and

WHEREAS, emergency service personnel require skills that are needed to provide support

for those with mental disorders in an acute setting and a basic understanding to be able to recognize, manage, and prevent potential harm to self or others by

the mental health patient; and

WHEREAS, Mental Health First Aid (MHFA) is a training program that teaches personnel

how to help those either developing a mental illness or in the midst of a crisis

situation; and

WHEREAS, MHFA is valuable to emergency service personnel because it teaches ways to

preserve life, prevent danger, reduce stressful situations, promote positive wellbeing, evidence-based treatments for anxiety, depression, psychosis, and substance abuse disorders and reduced stereotyping of those with a mental

disorder; and

WHEREAS, the course aids emergency service personnel in deescalating situations where

potential harm could occur, such as a panic attack, drug overdose, or suicide;

and

WHEREAS, MHFA training can make personnel feel more confident when crisis situations

occur and helps to reduce social distance and stigmatizing attitudes from those

in the community; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) increase support of

Mental Health First Aid (MHFA) training for emergency service personnel by advertising MHFA certification and training courses on the NSNA website, if

feasible; and be it further

RESOLVED, that the NSNA encourage its constituents to include MHFA training courses in

nursing programs; and be it further

RESOLVED, that the NSNA send the National Governors Association information about

starting a MHFA course certification program and providing them a link to the

MHFA website; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the Emergency Nurses

Association, the International Association of Firefighters, the National Association of Police Organizations, the National Association of Emergency Medical Technicians, the First Responders Group through the Department of Homeland Security, the American Nurses Association, the National Council of

State Boards of Nursing, the National League for Nursing, the National

Organization for Associate Degree Nursing, the American Association of Colleges of Nursing, and all others deemed appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF INTEGRATION OF HIGH FIDELITY SIMULATORS

IN CONTINUING EDUCATION FOR PATIENT SAFETY

SUBMITTED BY: Kansas Association of Nursing Students

WHEREAS, in 2007 and 2012, the National Student Nurses' Association (NSNA) House of

Delegates adopted resolutions "In support of the integration of human patient simulator technology in nursing curricula" and "Seek to increase awareness of the clinical and educational benefits of high-fidelity simulations to pre-licensure

nursing students"; and

WHEREAS, a recent evidence-based study estimated that 400,000 Americans die each year

due to medical errors, making it the third leading cause of death in the United

States; and

WHEREAS, according to the Inspector General for Health and Human Services, in 2010,

180,000 Medicare patients died as a result of bad hospital care; and

WHEREAS, continuing education is essential in the improvement of health care

professionals' knowledge and skills, thus improving patient outcomes and

minimizing error; and

WHEREAS, high fidelity simulators are life-like mannequins with realistic features (blinking

eyes, lung sounds, palpable pulses, etc.) and procedural features that respond

to student interventions; and

WHEREAS, high fidelity simulators immerse the learner in reality-based scenarios

that provide feedback based on their specific interventions taken; and

WHEREAS, as part of continuing education, the use of simulators implements new tools and

procedures while testing students' situation-based knowledge and encouraging

teamwork; and

WHEREAS, the use of simulation allows students to apply the knowledge they have

learned in class into practice while gaining new knowledge based on their

experience; and

WHEREAS, with the use of high fidelity simulators and real patient scenarios, there are

many elements of patient safety that can be addressed, such as preventing medication errors, use of effective communication and the significance of

teamwork; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) support the

integration of high fidelity simulators in continuing education for patient

safety; and be it further

RESOLVED, that the NSNA promote awareness via *Imprint* and electronic sources

(website/email) and elsewhere as seen fit, if feasible; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses

Association, the National League for Nursing, Sigma Theta Tau International, the American Association of Colleges of Nursing, the National Organization for Associate Degree Nursing, the National Council for Continuing Education and Training, the National Council of State Boards of Nursing, and all others deemed

appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF INCREASED NURSING EDUCATION REGARDING THE SIGNS AND

SYMPTOMS OF LYME DISEASE

SUBMITTED BY: Villanova University Student Nurses Association, Villanova, PA

WHEREAS, the most common vector-borne illness in the United States is Lyme disease,

which is a multi-system, multi-stage inflammatory disease caused by an infectious microbe that is transmitted to people by blood-sucking arthropods;

and

WHEREAS, Lyme disease has a better prognosis when recognized and treated at an early

stage; and

WHEREAS, "The number of cases [of Lyme disease] reported annually are 30,000, but the

actual number of annual cases may be as high as 300,000" (Shapiro, 2014, para.

3); and

WHEREAS, the Infectious Diseases Society of America (IDSA) guidelines require a positive

blood test to confirm the presence of Lyme, but "lab tests so rarely deliver the right diagnosis" (Johnson, 2014, p.3), thus preventing patients from receiving

treatment; and

WHEREAS, if Lyme Disease is left untreated, it can result in serious adverse sequelae

affecting the skin, nervous system, joints and heart while some patients suffer prolonged neurocognitive and somatic symptoms after treatment for Lyme

disease; and

WHEREAS, "Patients treated with appropriate antibiotics in the early stages of Lyme

disease usually recover rapidly and completely; however, 10-20% of patients who were diagnosed later have persistent or recurrent symptoms" (Centers for

Disease Control and Prevention, para. 1); and

WHEREAS, the diagnosis and treatment of Lyme disease is controversial within the medical

community, especially since there is no standard protocol that is effective for all

patients; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) advocate for further

research regarding the diagnosis and treatment of Lyme disease; and be it

further

RESOLVED, that the NSNA publish articles in *Imprint* about the need for further research

regarding the diagnosis and treatment of Lyme disease, if feasible; and be it

further

RESOLVED, that the NSNA encourage its constituents to hold meetings or forums on the

diagnosis and treatment of Lyme disease topic; and be it further

RESOLVED, that the NSNA provide workshops on the topic of diagnosing and treating Lyme

disease at the Annual Convention, if feasible; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the National League for Nursing,

the American Nurses Association, the American Association of Colleges of Nursing, the National Organization for Associate Degree Nursing, the Lyme Disease Association Incorporated, the American Lyme Disease Foundation, the Infectious Disease Society of America, and all others deemed appropriate by the

NSNA Board of Directors.

TOPIC: INCREASING NURSING STUDENTS' AWARENESS OF THE NURSE NAVIGATOR'S

ROLE ALONG THE CONTINUUM OF CANCER CARE

SUBMITTED BY: New Jersey Nursing Students, Inc.

WHEREAS, in 2012 and 2013, the National Student Nurses' Association (NSNA) House of

Delegates adopted resolutions that increased cancer awareness; and

WHEREAS, the focus of cancer care, which incorporates prevention, detection, and

treatment, is continually shifting from acute and palliative care, to ongoing,

chronic care; and

WHEREAS, the continuum of cancer care ranges from prevention to end of life, including

survivorship; and

WHEREAS, since the 1990s, nurse navigators have increased continuity of care and care

coordination for patients with cancer, and improved the rates of follow-up

screenings, particularly in underprivileged communities; and

WHEREAS, nurse navigators are in a position to improve the individual experience of care,

improve the health of populations, and reduce the per capita costs of care for

populations; and

WHEREAS, care coordination is the basis for providing quality, affordable health services.

Uncoordinated care may account for increased drug, medical, Medicare, and/or

Medicaid costs for patients compared with those who received care

coordination. Care coordination can reduce costs in both the private and public

sectors by several billion dollars; and

WHEREAS, underprivileged, uninsured, socio-economically disadvantaged, minority, and

low-income patients are less likely to receive cancer treatment than white, high-income, insured patients. The role of the nurse navigator is to bridge these barriers to care in order to optimize results by detecting cancer earlier and thereby decreasing the exorbitant expense of treating patients with late-stage

cancer; and

WHEREAS, through education, advocacy, and support, nurse navigators maximize patients'

participation in, and comprehension of, their care and facilitate access to

community resources, thereby removing barriers to care, and increasing quality,

cost effectiveness, and compliance; and

WHEREAS, the field and scope of the nurse navigator is still undefined. This role is

currently undertaken by a variety of individuals, including nurses, social

workers, and laypeople; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) support nursing students'

increased awareness of the role of the nurse navigator along the continuum of

cancer care; and be it further

RESOLVED, that the NSNA encourage its constituents to assist in defining the role of the

nurse navigator in order to standardize programs, certification, training,

evaluation, job description, and reimbursement; and be it further

RESOLVED, that the NSNA publish an *Imprint* article on nurse navigators to increase

awareness of the role of the nurse navigator and create a factsheet on this

topic, if feasible; and be it further

RESOLVED, that the NSNA encourage its constituents to promote awareness of the role of

the nurse navigator by collaborating with nursing professionals to increase evidence-based research of the nurse navigator and by providing informative

focus sessions at the MidYear Conference and Annual Convention, if feasible; and be it further

RESOLVED,

that the NSNA send a copy of this resolution to the American Nurses Association, the National League for Nursing, the National Association of School Nurses, the Academy of Oncology Nurse Navigators, the National Association of Clinical Nurse Specialists, the American Academy of Nurse Practitioners, the Emergency Nurses Association, the Academy of Medical-Surgical Nurses, the American Cancer Society Research Department, the American Association of Colleges of Nursing, the National Organization for Associate Degree Nursing, and all others deemed appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF INCREASED AWARENESS AND EDUCATION FOR PRE-EXPOSURE

PROPHYLAXIS FOR THE PREVENTION OF HIV INFECTION

SUBMITTED BY: University of Illinois at Chicago Nursing Students, Chicago, IL

WHEREAS, an estimated 78 million have been diagnosed with Human immunodeficiency

virus (HIV), while 39 million have died from HIV; and

WHEREAS, in 2013, the United States diagnosed 9,000 young citizens, between the ages of

13 and 24, with HIV; and

WHEREAS, pre-exposure prophylaxis medication (PrEP) helps prevent individuals from

developing infection in those who are at substantial risk of contracting HIV; and

WHEREAS, PrEP is an oral medication taken daily with a fixed dose consisting of tenofovir

disoproxil fumarate (TDF) 300 mg and emtricitabin (FTC) 200 mg. Research indicates that the medication is safe and effective in reducing the risk of

contracting sexually transmitting HIV; and

WHEREAS, PrEP has reduced the overall risk of HIV transmission by 92%,

when the medication is taken consistently, thereby reducing the risk

of mortality and morbidity; and

WHEREAS, research indicates that 58% of the high-risk population would take

PrEP if their partner is HIV-positive; and

WHEREAS, increasing PrEP knowledge among health care providers and the high-

risk population is essential in providing awareness, access and

prescriptions; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) demonstrate its ongoing

commitment to increase the awareness of HIV and encourage its constituents to advocate for the education about the inclusion of PrEP as a pre-exposure prophylaxis to prevent HIV infection among other current existing methods for

HIV risk reduction, if feasible; and be it further

RESOLVED, that the NSNA publish an article in *Imprint* on the use of PrEP to

prevent HIV infection and bring awareness to the advancements in pre-exposure prophylaxis medication for HIV prevention, if feasible;

and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses

Association, the National League for Nursing, the American Association of Colleges of Nursing, the National Organization for Associate Degree Nursing, the National Federation of Nurses, the American Hospital Association, the American Public Health

Association, the American Association of Nurse Practitioners, the U.S. Department of Education, the Institute for Healthcare

Improvement, the American Organization of Nurse

Executives, The Joint Commission, the National Institute of Health, the Centers for Disease Control and Prevention, and all others deemed appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF EDUCATION ON THE BENEFITS AND USE OF DONOR HUMAN

MILK

SUBMITTED BY: Clemson University Student Nurses' Association Executive Board,

Clemson, SC

WHEREAS, it is evident that human breast milk has increased benefits, when compared

with formula feeding, such as higher developmental index scores, decreased rehospitalization rates, and decreased incidence of Necrotizing Enterocolitis

(NEC); and

WHEREAS, it is recommended that infants receive an exclusive human milk diet from birth

to six months by the American Academy of Pediatrics and other reputable

organizations; and

WHEREAS, while breastfeeding is highly recommended for most infants, breastfeeding is

contraindicated for mothers with diseases such as HIV or illicit drug use; and

WHEREAS, according to a study of 243 preterm infant mothers, only one-fourth provided

enough breast milk to meet their infants' needs; and

WHEREAS, stress and a lack of support can contribute to low milk volumes; thus, many

NICUs have partnered with milk banks to obtain donor human milk for feeding

preterm infants when a mother cannot; and

WHEREAS, research shows donor human milk (DHM) benefits critically ill infants who are

unable to receive their mother's own milk by providing the protection of natural

immunity only found in human breast milk; and

WHEREAS, donor human milk is breast milk voluntarily donated by women who are

unrelated to the recipient infant; women are required to be in good health and undergo testing for HIV, Hepatitis B and C, and syphilis, and must first produce enough milk for their own infant if they are currently breastfeeding; therefore

be it

RESOLVED, that the National Student Nurses' Association (NSNA) support education to

increase knowledge of the benefits and use of donor human milk; and be it

further

RESOLVED, that the NSNA encourage incorporation of the topic donor human milk into

current educational courses and encourage nursing programs to teach about Donor Human Milk and breastfeeding to both students and practicing health

professionals; and be it further

RESOLVED, that the NSNA publish an article in *Imprint* magazine about donor human milk

and continue to offer workshops at annual conventions about human milk and

breastfeeding, if feasible; and be it further

RESOLVED, that the NSNA support continued research on the benefits of donor human milk;

and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses

Association, the National League for Nursing, the American Association of

Colleges of Nursing, the National Organization for Associate Degree Nursing, the U.S. Department of Health and Human Services, the Accreditation Commission for Education in Nursing, the National Council of State Boards of Nursing, the National Association of Neonatal Nurses, the Association of Women's Health, Obstetric and Neonatal Nurses, the Human Milk Banking Association of North

America, La Leche League International, and all others deemed appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF INCREASED PATIENT EDUCATION AND ROLE MODELING TO

DECREASE CARDIOVASCULAR DISEASE IN ADULTS

SUBMITTED BY: University of Arkansas at Monticello, Monticello, AR

WHEREAS, the 2004, 2012, 2013, and 2014 National Student Nurses' Association (NSNA)

House of Delegates adopted resolutions in support of education on nutrition awareness; women's personal risk of cardiovascular disease; management of hypertension in adults; implementing holistic health programs for improvement

of nursing students' healthy lifestyles; nursing students' participation in educating low income children on the importance of healthy eating; and legislation aimed at increasing education on the consequences of a high-calorie,

high-fat diet; and

WHEREAS, the majority of adults in the United States currently have at least one risk factor

for cardiovascular disease (CVD), the leading cause of morbidity and mortality worldwide, such as diabetes, overweight/obesity, hypertension, smoking, and elevated low-density lipoprotein-C (LDL-C). The number of risk factors increases

with age; and

WHEREAS,

WHEREAS, the American Heart Association (AHA) encourages a healthy lifestyle that

includes regular physical activity and exercise, a nutrient-rich, heart-healthy diet, and smoking cessation for the prevention and treatment of CVD; and

WHEREAS, two of the goals of the American College of Cardiology (ACC) and the AHA are to

prevent CVD and improve the management of people who have CVD.

Recommended lifestyle strategies for persons between 18-65 years of age include engaging in moderate physical activity for at least 30 minutes 5 times a week, and vigorous activity for 20 minutes at least 3 days per week; consuming a heart healthy diet; stopping smoking; and losing weight, if indicated, and nurses and nursing students, as frontline health care providers, play central

roles in patient education that may lead to improved lifestyle strategies. During patient interaction, nurses and nursing students have the opportunity to

encourage initiation of improved lifestyle strategies; and

WHEREAS, nurses and nursing students can be patient role models to increase compliance

with healthy lifestyle strategies; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA), through individual

students' patient encounters and presentations at health fairs and other public events, create public awareness of the importance of regular physical activity, heart healthy diet, and the benefits of smoking cessation for the prevention of

CVD as recommended; and be it further

RESOLVED, that the NSNA publish in the *Imprint* magazine a research report of this topic, if

feasible; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses

Association, the National League for Nursing, the American Association of Colleges of Nursing, the National Organization for Associate Degree Nursing, Sigma Theta Tau International, the American Association of Heart Failure

Nurses, the American College of Cardiology, the American Heart Association, the American Nurses Association, the American Public Health Association, the Centers for Disease Control and Prevention, the National Association for Public Health, the National Association of Public Hospitals and Health Systems, the

National Association of Rural Health Clinics, the National Heart, Lung, and Blood Institute, the Women's Heart Foundation, the World Health Organization, the Office of Disease Prevention and Health Promotion, and all others deemed appropriate by the NSNA Board of Directors.

TOPIC: INCREASED AWARENESS OF COMMUNITY IMMUNITY THROUGH EDUCATION

AND PROMOTION OF SCHOOL-LOCATED INFLUENZA VACCINATION

PROGRAMS

SUBMITTED BY: University of Florida Nursing Student Association, Gainesville, FL

WHEREAS, seasonal influenza (the flu) is an easily spread acute viral infection, causing

strain on our healthcare system as well as serious illness, hospitalizations,

economic impacts, and mortality in high-risk groups; and

WHEREAS, the most effective way to prevent influenza is through repeated annual

vaccinations; however, only 46.2% of Americans receive annual flu vaccinations;

and

WHEREAS, pediatric populations are contagious with influenza for weeks longer than

adults, making them a critical "super spreader" population in a community; and

WHEREAS, due to high rates of exposure to and transmission of viruses, schools are virus

exchange systems; and

WHEREAS, school-located influenza vaccination (SLIV) programs have successfully increased

community immunity against influenza, preventing influenza infection and its sequelae and costs in Maryland, Tennessee, Texas, Wisconsin, California, and

Florida; and

WHEREAS, nursing students can collaborate with local schools, school nurses, and health

departments to establish SLIV programs; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) encourage its constituents

to collaborate with area schools, school nurses, and health departments to promote community immunity through establishing school-located influenza

vaccination (SLIV) programs; and be it further

RESOLVED, that the NSNA advocate for nursing curricula to include instruction on SLIV

programs and community immunity; and be it further

RESOLVED, that the NSNA publish an informative article or fact sheet on this topic in

Imprint, if feasible; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses

Association, the National League for Nursing, the American Association of Colleges of Nursing, the National Council of State Boards of Nursing, the

National Organization for Associate Degree Nursing, the National Association of School Nurses, the Association of Public Health Nurses, the Association of Community Health Nursing Educators, the Centers for Disease Control and Prevention, the American Academy of Pediatrics, the American Public Health Association, the National Association of County and City Health officials, the National Association of Pediatric Nurse Practitioners, the United States Public Health Service, the American School Health Association, and all others deemed

appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF INCREASING HAND HYGIENE COMPLIANCE AMONG

HEALTHCARE WORKERS THROUGH PATIENT PARTICIPATION

SUBMITTED BY: Widener University Student Nurses' Association, Chester, PA

WHEREAS, in 2004 and 2011, the National Student Nurses' Association (NSNA) House of

Delegates adopted resolutions showing the importance of hand hygiene compliance by healthcare workers and patients to reduce disease spread; and

WHEREAS, hand hygiene is known as the most important measure of preventing the

transmission of infection; and

WHEREAS, pathogens responsible for hospital infections can be transmitted between

patients by health care workers; and

WHEREAS, health care workers comply with hand hygiene practices less than 50% of the

time; and

WHEREAS, the World Health Organization (WHO) World Alliance for Patient Safety has

recommended increasing patient participation in hand hygiene compliance in

order to improve health care; and

WHEREAS, including patients in monitoring hand hygiene improves hand hygiene

compliance among healthcare workers; and

WHEREAS, inviting patients to remind healthcare workers about hand hygiene through

supporting an 'It's OK to ask' attitude was shown to be the most useful hand hygiene intervention according to both patients and healthcare workers;

therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) encourage hand hygiene

compliance among healthcare workers through promotion of patient

participation in hand hygiene monitoring; and be it further

RESOLVED, that the NSNA encourage nurses and nursing students to inspire patients to ask

health care workers if they washed their hands; and be it further

RESOLVED, that the NSNA publish an informative article on this topic in *Imprint*, if feasible;

and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses

Association, the National League for Nursing, the American Association of

Colleges of Nursing, the National Organization for Associate Degree Nursing, the Joint Commission, the Centers for Disease Control and Prevention, the Office of Disease Prevention and Health Promotion, the American Hospital Association, the Institute for Healthcare Improvement, and all others deemed appropriate by

the NSNA Board of Directors.

TOPIC: IN SUPPORT OF INTERPROFESSIONAL EDUCATION ADVANCEMENT

SUBMITTED BY: California State University- San Marcos, San Marcos, CA

WHEREAS, in 2007, 2009 and 2013, the National Student Nurses' Association (NSNA) House

of Delegates adopted resolutions "In Support of improving the nurse-physician relationship", "In support of interdisciplinary education" and "In support of the implementation of interdisciplinary collaborative rounds as standardized

practice"; and

WHEREAS, a lack of interdisciplinary collaboration remains a significant challenge for

healthcare executives, college deans, practicing nurses, physicians, and other healthcare professionals despite the Institute of Medicine's considerable

research and efforts to support growth; and

WHEREAS, lack of interprofessional collaboration, such as poor communication or

understanding among healthcare professionals, contributes to increased threats

to patients' safety and well-being; and

WHEREAS, according to the World Health Organization, "Interprofessional education is a

necessary step in preparing a 'collaborative practice ready' health workforce

that is better ready to respond to local health needs" (World Health

Organization, 2010, p. 7); and

WHEREAS, a recent pilot study found that 94% of patients who participated in a student-led

interprofessional clinic believed they would experience fewer health problems

in the future; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) support interprofessional

opportunities to foster nursing leadership in interprofessional collaboration and education by providing education at its conventions, if feasible; and be it further that the NSNA publish an article about this topic in *Imprint* magazine, if feasible;

and be it further

RESOLVED,

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses

Association, the American Association of Colleges of Nursing, the National League for Nursing, the National Organization for Associate Degree Nursing, the National Coordinator of Health Information Technology, and all others deemed

appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF INCREASING DIABETES PREVENTION EDUCATION IN

ELEMENTARY SCHOOLS

SUBMITTED BY: Brigham Young University Student Nurses' Association, Provo, UT

WHEREAS, diabetes is a health care epidemic that is increasing around the world; and

WHEREAS, as of 2011, there are approximately "366 million people with diabetes and that

number is expected to rise to 552 million by 2030 if current trends continue"

(Whiting, Guariguata, Weil, & Shaw, 2011, pg. 311); and

WHEREAS, diabetes continues to cause complex health issues and mortality throughout the

lifespan; and

WHEREAS, Type 2 diabetes is a preventable disease with effective prevention strategies

that begin in childhood; and

WHEREAS, an effective prevention strategy is education that is started among school age

children that can give them the knowledge and tools to make needed lifestyle

changes; and

WHEREAS, Type 2 diabetes prevention programs implemented in elementary schools can

help to reduce the numbers of at-risk children that develop full-scale Type 2

diabetes; and

WHEREAS educational programs have been implemented in other countries and have been

proven to be successful in helping children and families modify their lifestyles

and prevent diabetes; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) encourage its constituents

to support policies that increase Type 2 diabetes prevention education in

elementary schools; and be it further

RESOLVED, that the NSNA encourage nursing schools to implement student nurse-delivered

Type 2 diabetes prevention education programs in elementary schools; and be it

further

RESOLVED, that the NSNA send a copy of this resolution to the American Diabetes

Association, the Society of Pediatric Nurses, the National Association of

Pediatric Nurse Practitioners, the American Association of Diabetic Educators, the American Association of Nurse Practitioners, the National Association of School Nurses, the Association of Public Health Nurses, the Association of Community Health Nursing Educators, the American Public Health Association, the American Nurses Association, the National League for Nursing, Sigma Theta Tau International, the American Association of Colleges of Nursing, the National Organization for Associate Degree Nursing, the United States Department of Education, and all others deemed appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF FOLIC ACID AWARENESS AND EDUCATION FOR ALL WOMEN

OF CHILDBEARING AGE

SUBMITTED BY: University of Massachusetts-Amherst Student Nurses' Association, Amherst,

MA

WHEREAS, some of the most common congenital malformations are Neural Tube Defects

(NTDs) including spina bifida, anencephaly and encephalocele. These "represent a major public health problem in terms of mortality, morbidity, social cost and human suffering" (Barbour, 2011, p. 140) and greatly affect nursing in all

communities; and

WHEREAS, according to current recommendations to prevent NTDs, starting before

conception, all women should take a 400 mcg folic acid supplement daily until

the 12th week of pregnancy; and

WHEREAS, according to the Centers for Disease Control and Prevention, if taken

preconceptionally in sufficient amounts through dietary improvements and

supplementation, folic acid can prevent up to 70% of NTDs; and

WHEREAS, the goal of preconception supplementation has been unsuccessful because

more than 50% of pregnancies are unplanned; and

WHEREAS, folic acid fortification contributes to a daily intake of 100 to 150 mcg and,

therefore, does not meet current recommendations for prenatal

supplementation; and

WHEREAS, the Institute of Medicine states the safe upper limit for folate intake is 1,000

mcg daily. Exceeding this limit leads to a build-up of folic acid in the blood, however, health consequences of these higher levels are unknown; and

WHEREAS, targeting supplementation to women of childbearing age can help eliminate

excess intake in the general population; and

WHEREAS, providers only ordered supplementation for approximately 7% of the 42% of

non-pregnant women seeking care. Although dietary folic acid fortification has contributed to improvements, women of childbearing ages are still deficient;

and

WHEREAS, folic acid is needed for normal neural tube development before a woman's first

missed period. Therefore, supplementation should be recommended for

women regardless of pregnancy status; and

WHEREAS, according to researchers, 31% of women do not comply with current folic acid

recommendations due to a lack of understanding of the severity of NTDs;

therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) encourage its constituents

to increase awareness and education for nursing students and practicing

healthcare professionals regarding the importance of folic acid for all women of

childbearing age; and be it further

RESOLVED, that the NSNA publish an article on the topic of folic acid supplementation for

all women of childbearing age in Imprint, if feasible; and be it further

RESOLVED, that the NSNA encourage the development of a focus session, including visuals

of the consequences of folic acid deficiencies in unplanned pregnancies and the importance of obtaining 400 mcg of Folic Acid a day at the MidYear Conference

or Annual Convention, if feasible; and be it further

RESOLVED,

that the NSNA send a copy of this resolution to the American Nurses Association, the National League for Nursing, the American Association of Colleges of Nursing, the National Organization for Associate Degree Nursing, the Association of Women's Health, Obstetrics, and Neonatal Nurses, the National Association of Pediatric Nurse Practitioners, the American Public Health Association, the National Association of Certified Professional Nurse Midwives, the National Association of Nurse Practitioners in Women's Health, the American College of Nurse Midwives, the National Association of Neonatal Nurses, the Association of Child Neurology Nurses, the National Association of School Nurses, Nursing Network on Violence Against Women International , and all others deemed appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF DEVELOPMENT OF UNDERGRADUATE NURSING PROGRAMS

WITH A FOCUS ON GLOBAL HEALTH LEADERSHIP

SUBMITTED BY: The College of New Jersey, Ewing, NJ

WHEREAS, the 2005, 2009, 2013, and 2014 National Student Nurses' Association (NSNA)

> House of Delegates adopted resolutions in support of the NSNA involvement in global health issues, including increased education about global health issues and health policy, as well as support for an increased number of study abroad opportunities for nursing students in order to gain cultural competence; and

WHEREAS, global health care is becoming a complex field that requires many skill sets

> including health care delivery, research, the knowledge of how health systems operate, policies that govern them, and all of the challenges that are associated

with them; and

WHEREAS, nurses deliver 80 percent of healthcare worldwide; however, at important

> global health discussions at the World Health Organization, 90 percent of its professional staff are medical specialists and one percent are nursing specialists;

and

WHEREAS, because of their close proximity to patients in hospitals, in their homes, and in

> their communities, nurses are knowledgeable about factors that impact people's health status and operations of the healthcare systems; and

the International Council of Nurses reported that development of global health WHEREAS,

skills and confidence will allow 21st century nurses to influence global health

policy; and

WHEREAS, investment in developing programs for leadership education and training of

nurses specifically in global health policy is necessary before more nurses can

contribute to important global health discussions; and

WHEREAS, offering programs with minors or concentrations in global health at the

> undergraduate level would allow nurses to become experts about healthcare delivery at a local, state, national, and international level early in their careers;

therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) encourage its constituents

to develop or expand existing courses of study in global health, including

leadership development and policy education; and be it further

RESOLVED, that the NSNA increase visibility of opportunities for its constituents to involve

> themselves in study abroad, international relief efforts, and conferences regarding global health through campus workshops, posting opportunities on

the NSNA website and on social media, if feasible; and be it further

RESOLVED, that the NSNA encourage its constituents to learn about global health policy by

> publishing articles concerning the importance of nurses in global health policy in Imprint, and host educational programs at the annual and midyear conventions,

if feasible; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Association of

> Colleges of Nursing, the International Council of Nurses, the National Council of State Boards of Nursing, the American Nurses Association, Sigma Theta Tau International, the National League for Nursing, the American Public Health Association, Partners In Health, the National Organization for Associate Degree Nursing and all others deemed appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF MENTORING PROGRAMS TO IMPROVE NURSING STUDENTS'

OVERALL WELLNESS

SUBMITTED BY: Valencia College Nursing Student Association, Orlando, FL

WHEREAS, nursing students face numerous stressors from exams, grades, studying, and

personal commitments, plus the added anxiety of new and challenging clinical

experiences; and

WHEREAS, mentoring is a component that leads to successful nursing graduates; and WHEREAS, mentoring can reduce anxiety, improve self-confidence, enhance critical

thinking abilities, and promote increased academic knowledge while providing a

supportive learning environment; and

WHEREAS, mentoring can empower the development of professional identity and improve

the mentees ability to join the nursing workforce; and

WHEREAS, mentoring can also broaden the mentor's communication and leadership skills

while making a difference for a fellow student(s); and

WHEREAS, faculty should provide mentors suitable support, resources, and encouragement

to allow the mentor to give the assistance needed by the mentee; therefore be

it

RESOLVED, that the National Student Nurses' Association (NSNA) encourage the

establishment of nursing student mentoring programs to increase academic knowledge, provide active listening, improve stress management and coping strategies, as well as refer students to additional resources as needed; and be it

further

RESOLVED, that the NSNA publish an informative article in *Imprint* and on the NSNA website

supporting the use of student mentoring programs to increase overall student wellness, promote academic knowledge, provide stress management strategies, and encourage students to identify signs justifying further emotional and/or

mental support, if feasible; and be it further

RESOLVED, that the NSNA send this resolution to the American Nurses Association, the

National League for Nursing, the American Association of Colleges of Nursing, the National Council of State Boards of Nursing, the National Organization for Associate Degree Nursing, as well as any additional organizations deemed

appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF NURSING ETHICS FOR THE 21ST CENTURY NATIONAL SUMMIT'S

VISION FOR THE FUTURE OF NURSING ETHICS

SUBMITTED BY: Johns Hopkins University Student Nurses' Association, Baltimore, MD

WHEREAS, the Nursing Ethics for the 21st Century National Summit identified strategic

nursing ethics priorities and created a blueprint for the future of the nursing

profession. Their visions include strategies and research agendas; and

WHEREAS, the vision's strategies are proposed to develop and sustain work environments

that support ethical nursing practice and promote excellence in nursing ethics

education; and

WHEREAS, nurses need to develop a research agenda that will lead to a culture of ethical

practice in diverse settings that is evidence-based and measurable in terms of

outcomes and pragmatic considerations; and

WHEREAS, nurses need to create an ethical health environment through development of

resources, policies, outcomes, education, training, and research; and

WHEREAS, the ethical foundation of nursing builds on Florence Nightingale's tradition to

instill fidelity, beneficence and veracity in nurses in all roles and specialties while

the profession's modern values are articulated in the American Nurses

Association (ANA) Code of Ethics; and

WHEREAS, nurses have a duty to advocate for patients and ensure safe, quality practice

and must have knowledge, skills and competence to speak up and speak out

about unsafe or unethical practices; and

WHEREAS, a 2014 Gallup poll on "U.S. views on honesty and ethical standards in

professions" ranked nurses as the most honest and ethical professionals for 15

of the last 16 years (Riffkin, 2014, p. 2); and

WHEREAS, nursing students experience moral stressors in practice and need to develop

moral resilience through education in ethics that includes skills, attitudes and

knowledge to handle moral stressors; and

WHEREAS, "Ethics is a critical part of everyday nursing practice. Nurses in all roles and

settings must have the knowledge, skills and tools to uphold their professional values. We pledge to work together to support and safeguard the professional values of nurses – and all health care professionals – and to strengthen a culture where they are able to practice ethically" (Johns Hopkins Berman Institute of

Bioethics, 2015, para. 1); therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) encourage its constituents

to make a personal commitment to ethical nursing practice by signing the pledge in support of the vision proposed by the Nursing Ethics for the 21st

Century National Summit; and be it further

RESOLVED, that the NSNA publish an article in *Imprint* and on the NSNA website supporting

the signing of the pledge proposed by the Nursing Ethics for the 21st Century

National Summit, if feasible; and be it further

RESOLVED, that the NSNA place the pledge on the NSNA website for constituents to sign, if

feasible; and be it further

RESOLVED, that the NSNA provide workshops during Mid-Year Conference and Annual

Convention that focus on nursing ethics, how nurses can be ethical leaders and

the importance of ethics in the workplace, if feasible; and be it further

RESOLVED, that the NSNA encourage its state constituents to integrate ethics and ethical

awareness education into their state conferences and publications, if feasible;

and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Association of

Colleges of Nursing, the American Nurses Association, the National League for Nursing, the National Organization for Associate Degree Nursing, Signma Theta Tau International, the Center for Practical Bioethics, the Johns Hopkins Institute of Bioethics, the American Medical Association, the National Student Medical

TOPIC: IN SUPPORT OF AMENDING PATIENT HEALTH HISTORY INTAKE FORMS TO BE

INCLUSIVE OF THE LGBT POPULATION

SUBMITTED BY: Oregon Student Nurses Association, Portland, OR

WHEREAS, a long history of anti-lesbian, gay, bisexual, and transgender (LGBT) bias greatly

influences health seeking behaviors by this population, resulting in poorer

health outcomes and healthcare disparities; and

WHEREAS, the LGBT population is more likely to lack health insurance, has higher rates of

alcohol, tobacco and drug use, and is at increased risk for poor mental health;

and

WHEREAS, the health inequality among LGBT individuals is exacerbated by a lack of

research related to the unique health needs of this population; and

WHEREAS, in March 2011, the Institute of Medicine Consensus Report titled "The Health of

Lesbian, Gay, Bisexual and Transgender (LGBT) People: Building a Foundation for Better Understanding" was released, emphasizing the need for more research regarding health care disparities in order to improve health of LGBT individuals and recommending that sexual orientation and gender identity data are

collected on national health and demographic surveys; and

WHEREAS, guidelines by the Fenway Institute on how to gather data on sexual orientation

and gender identity in clinical settings suggest that adoption of medical forms including a LGBT section will help reduce health disparities, recommending that all health care settings include a LGBT population category in their intake forms;

and

WHEREAS, gathering information on sexual orientation and gender identity on registration

forms alerts clinicians to screen patients for conditions disproportionately affecting LGBT people, allowing better identification of health needs and an opportunity to provide preventative health education appropriate to LGBT

patients; and

WHEREAS, the movement to amend all patient history and intake forms to be LGBT

inclusive is supported by the Healthy People 2020 initiatives, accentuating that "sexual orientation and gender identity questions are not asked on most national or state surveys, which makes it difficult to estimate the number of LGBT individuals and their health needs" (Healthy People 2020, 2012, p. 1);

therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) encourage its constituents

to advocate for laws and accreditation standards requiring all healthcare providers to adopt the use of medical history intake forms that include gender

identity and sexual orientation; and be it further

RESOLVED, that the NSNA support the use of federally funded surveys for the collection of

data on sexual orientation and gender identity to be recorded in Electronic

Health Records; and be it further

RESOLVED, that the NSNA publish an article in *Imprint* and on the NSNA website, and offer

workshops at the Annual Convention to increase members' awareness about the importance of adopting the use of LGBT inclusive patient history intake

forms, if feasible; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses

Association, the National League for Nursing, the American Association of

Colleges of Nursing, the National Organization for Associate Degree Nursing, the American Academy of Nursing, the Association of Nurses in AIDS Care, the Human Rights Campaign, Lambda Legal, the Gay and Lesbian Medical Association, the National Institute of Nursing Research-National Institute of Health, and all others deemed appropriate by the NSNA Board of Directors.

TOPIC: INCREASING AWARENESS OF ALARM FATIGUE AND DESENSITIZATION OF

NURSES

SUBMITTED BY: Mercy College Association of Student Nurses, Des Moines, IA

WHEREAS, nurses experience an overabundance of alarms daily, which can cause

desensitization and allow significant clinical events to go unnoticed; and

WHEREAS, in a two-and-a-half-year study, the Joint Commission found 98 alarm-related

events causing patient harm, 80 of which were fatal; 13 resulted in permanent

dysfunction, and five required additional care; and

WHEREAS, one study found nurses experience tens of thousands of alarms each month, or

900 alarms daily; and

WHEREAS, one critical care unit experienced 39,000 alarms in a month, averaging one

alarm every 66 seconds; and

WHEREAS, improper settings, inaudibility of alarms, equipment failure, and alarms being

shut off contributed to increasing alarm fatigue, which resulted in sentinel

events; and

WHEREAS, nuisance alarms occur when alarms sound appropriately; however, the

parameters are too narrow, and therefore, the alarms are not significant. Nurses are inundated with nuisance alarms, which are a key contributor to

alarm fatigue; and

WHEREAS, 81% of surveyed nurses attributed the frequency of nuisance alarms as causing

distrust in alarms and believed this impeded patient safety; and

WHEREAS, educating nurses on customizing alarm parameters resulted in a 45% decrease

in alarms in one critical care unit. Similar results were found on a telemetry floor, where increasing the high heart rate alarm by 10 beats per minute

reduced the number of alarms by 50%; and

WHEREAS, using a 15-second or 19-second delay on a continuous pulse oximeter reduced

alarm frequency by 50 % and 70% respectively; and

WHEREAS, educating nurses on custom alarm parameters and developing alarm protocols

reduces alarm fatigue and helps prevent negative patient outcomes; therefore

be it

RESOLVED, that the National Student Nurses' Association (NSNA) provide a focus session at

MidYear or Annual convention related to alarm fatigue and its effect, if feasible;

and be it further

RESOLVED, that the NSNA support the inclusion of alarm fatigue in nursing curricula and

clinical skills teaching; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the National League for Nursing,

the American Nurses Association, the American Association of Critical-Care Nurses, the American Association of Colleges of Nursing, The National Council of

State Boards of Nursing, the National Organization for Associate Degree

Nursing, the Emergency Nurses Association, and all others deemed appropriate

by the NSNA Board of Directors.

topic: IN SUPPORT OF INCREASING SOCIAL JUSTICE AWARENESS AND ENGAGEMENT

IN NURSING CURRICULA

Submitted By: The University of Toledo Student Nurses Association, Toledo, OH

WHEREAS, social justice can be defined as one's interest in fellow citizens as

it relates to political, economic, and social agendas. Nurses are faced with an obligation to address these interests and to better

define their agendas; and

WHEREAS, it is not widely known that social injustices were actively addressed by Florence

Nightingale and Lillian Wald. Currently, no specific framework exists in nursing

as to how to continue to address these issues; and

WHEREAS, educational opportunities related to social justice are limited and

when education opportunities are available, they often do not address and educate students on the real issues of poverty and

the related social issues; and

WHEREAS, in recent years, the American Nurses Association took a stance on

the issue and now states that student nurses must be more aware of the broad nature of how social causes relate to health issues, and prior to being able to do this, students must be able to correctly view these issues, which will lead them to being able to

take action; and

WHEREAS, the American Association of the Colleges of Nursing's Baccalaureate Nursing

Education Essentials VIII lists essential values of altruism, autonomy, human

dignity, integrity, and social justice; and

WHEREAS, professional nurses should promote social justice for all and develop leadership

skills to advocate for socially just policies, and

WHEREAS, "The applied principles of social justice guide decisions of nurses related to the

patient, family, community, and other health care professionals" (Standards of Practice for Culturally Competent Nursing Care Executive Summary, 2010, p. 3);

therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) encourage its constituents

to promote the inclusion of social justice awareness and engagement in nursing

curricula; and be it further

RESOLVED, that the NSNA encourage state and local constituents to promote social justice

awareness and engagement within their own communities; and be it further

RESOLVED, that the NSNA publish an article on social justice awareness and engagement in

nursing in *Imprint*, if feasible; and be it further

RESOLVED, that the NSNA offer online resources including dissemination of

the material via the website, Facebook and Twitter, if feasible;

and be it further

RESOLVED, that the NSNA accept social justice courses via Leadership U and provide focus

sessions at Midyear Conference and National Convention, if feasible; and be it

further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses

Association, the National League for Nursing, the American Association of Colleges of Nursing, the National Organization for Associate Degree Nursing, Sigma Theta Tau International, the National League for Nursing Accrediting

Commission, the National Council of State Boards of Nursing, the American Organization of Nurse Executives, and all others deemed appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF INCREASED AWARENESS OF AND EDUCATION ABOUT

CAFFEINE IN ENERGY DRINKS

SUBMITTED BY: Rutgers Student Nurses' Association, New Brunswick, NJ

WHEREAS, "energy drink-related emergency room visits involving adverse reactions

doubled from 6,996 visits in 2007 to 14,042 visits in 2011" (S.A.M.H.S.A. Drug

Abuse Warning Network, 2013, p.3); and

WHEREAS, energy drinks are beverages that are advertised to improve energy,

concentration, and athletic performance. These drinks contain caffeine, taurine, vitamins, herbal supplements, and sweeteners; however, the main active ingredient is caffeine; its content can be nearly 5 times greater than soda; and

WHEREAS, energy drinks often contain additional amounts of caffeine from other

ingredients including: gurarana, kola nut, and cocoa. Manufacturers are not required to list the caffeine content from these ingredients. Thus, the actual

amount in a single serving may exceed what is listed; and

WHEREAS, these drinks are advertised primarily through social media by promoting

caffeine's stress relief, sobering effects, and cognition enhancement. People who discontinue use can experience withdrawal symptoms such as depressed mood, irritability, and difficulty concentrating, which can lead to additional

impairments; and

WHEREAS, the most common reasons for consuming energy drinks were insufficient sleep

and the desire for increased energy; and

WHEREAS, "Information submitted to the Food and Drug Administration (FDA), found that

consumption of Monster energy drinks was involved in the deaths of five individuals. These reports only include voluntarily reported incidences" (Center

for Food Safety and Applied Nutrition, 2012, p. 17); and

WHEREAS, caffeine intoxication causes side effects such as irritability, anxiety, insomnia,

tachycardia, and nausea. Heavy caffeine consumption has severe adverse

effects including seizures, mania, stroke, paralysis, arrhythmias, and death; and the FDA limits caffeine content to 71 mg per 12 fluid ounces of soda; however,

there is no regulation on energy drinks, which are advertised as natural dietary supplements; and

WHEREAS,

WHEREAS, there are no requirements for testing, warning labels, or other restrictions on

energy drink sales; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) encourage its constituents

to create a public education campaign for increased awareness about the

harmful effects/consequences of caffeine; and be it further

RESOLVED, that the NSNA and encourage school nurses to include information related to

energy drinks as part of the health curriculum in elementary, middle, and high

schools; and be it further

RESOLVED, that the NSNA include stress and time management workshops at mid-year and

annual convention to help prevent young adults from relying on energy drinks

to get these same effects, if feasible; and be it further

RESOLVED, that the NSNA add to its website and its magazine, *Imprint*, resources including

information about the dangers of caffeine in energy drinks and tips regarding

stress relief and time management, if feasible; and be it further

RESOLVED,

that the NSNA send a copy of this resolution to the American Nurses Association, the National League for Nursing, the American Association of Colleges of Nursing, the National Organization for Associate Degree Nursing, the American College Health Association, the American Public Health Association, Drug Abuse Resistance Education (DARE), the U.S. Food and Drug Administration, and all others deemed appropriate by the NSNA Board of

TOPIC: IN SUPPORT OF INCREASED AWARENESS OF HEALTH RISKS DUE TO RADON

EXPOSURE

SUBMITTED BY: Grand View University Nursing Student Association, Des Moines, IA

WHEREAS, radon is a colorless, odorless, tasteless radioactive gas that is classified as a

human carcinogen; and

WHEREAS, "radon is the second leading cause of lung cancer in the United States and is

associated with 15,000 to 22,000 lung cancer deaths each year" (National

Cancer Institute, 2011, p. 1); and

WHEREAS, 31 states have areas of high radon potential; and

WHEREAS, "nearly one out of every fifteen homes in the United States is estimated to have

elevated radon levels" (United States Environmental Protection Agency, 2013,

para. 1); and

WHEREAS, knowledge of high radon levels and perception of radon as a serious health

hazard are predictors of intentions to test for radon and implement reduction

procedures; and

WHEREAS, the public could take appropriate preventive measures if they can be made to

understand the potentially serious consequences of long-term radon exposure;

therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) publish an article on

radon awareness and availability of testing in Imprint; if feasible; and be it

further

RESOLVED, that the NSNA publish the "Radon – Are You Protected?" brochure written by

the resolution authors in *Imprint*, on Facebook, Twitter account and on the

NSNA website, if feasible; and be it further

RESOLVED, that the NSNA hold breakout sessions on environmental risks including radon at

the annual convention, if feasible; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses

Association, the American Association of Colleges of Nursing, the National Organization for Associate Degree Nursing, the American Medical Association, the Centers for Disease Control and Prevention, the National League for Nursing, the Environmental Protection Agency, the American Lung Association,

and all others deemed appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF INVOLVING NURSES ON ORGANIZATION BOARDS

SUBMITTED BY: Trinidad State Junior College, Trinidad, CO

WHEREAS, the Robert Wood Johnson Foundation and the Institute of Medicine's (IOM)

latest recommendations to advance nursing forward include the importance of

having nurses on executive boards and in decision making positions; and

WHEREAS, the American Association of Colleges of Nursing (AACN) recognizes

organizational and complex systems leadership as essential for prepared nurses;

and

WHEREAS, according to the American Hospital Association (AHA), nurses fill only 6% of

board positions compared to 20% held by physicians; and

WHEREAS, nurses understand the concepts of patient- and family-centered care and nurses

are at the forefront of continuous clinical improvement, making them ideal

members of organizational boards; and

WHEREAS, a study on increased involvement of staff nurses in decision-making capacities

shows positive effects for nurses who take the initiative to become part of the decision-making process and provides evidence of cost savings and improved outcomes for patients in organizations that involve nurses in decision making;

and

WHEREAS, the American Organization of Nurse Executives (AONE) recognizes that nurses

need training to develop the competencies and expertise needed to work with

organizational boards; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) publish an article in

Imprint about the importance of nurses' participation on organization boards, if

feasible; and be it further

RESOLVED, that the NSNA promote opportunities for involvement on organizational boards

through advertisement on the NSNA website and inclusion of opportunities in

email news updates, if feasible; and be it further

RESOLVED, that the NSNA encourage its constituents to develop leadership mentoring

programs for new graduates; and be it further

RESOLVED, that the NSNA host a focus session at Midyear and Annual Convention on the

importance of volunteering for committees and boards within your workplace, if

feasible; and be it further;

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses

Association, the National League for Nursing, the National Organization for Associate Degree Nursing, the American Association of Colleges of Nursing, the

American Organization of Nurse Executives, the Healthcare Financial

Management Association, and all others deemed appropriate by the NSNA

Board of Directors.

TOPIC: IN SUPPORT OF INTERVENTION PROGRAMS FOR VICTIMS OF BULLYING FOR CHILDREN

WITH INTELLECTUAL/DEVELOPMENTAL DISABILITIES

SUBMITTED BY: Arkansas State University Student Nurses Association, Jonesboro, AR

WHEREAS, in 2011 the National Student Nurses' Association (NSNA) approved a resolution on

increasing education about childhood bullying; and

WHEREAS, middle school children with intellectual/developmental disabilities are 3.5 times more

likely to be victims of bullying than nondisabled students, increasing their risk for

emotional and behavioral disorders; and

WHEREAS, bullying has been related to school adjustment problems as well as poor mental health

outcomes in adulthood; and

WHEREAS, more than 60%, and up to 100% in some studies, of individuals with intellectual

developmental disabilities are victims of bullying; and

WHEREAS, resilience, in the face of bullying, cannot be obtained through shear will power, but

must be taught; and

WHEREAS, when children are taught how to effectively deal with bullying, they become more

resilient, resulting in better of quality life; and

WHEREAS, Eye Movement Desensitization and Reprocessing (EMDR) is one program ideal for

assisting individuals with intellectual/developmental disabilities who have been victims of abuse or bullying. The program incorporates resiliency training and does not require individuals to have verbal or intuitive abilities, making it ideal for individuals with

intellectual/developmental disabilities; and

WHEREAS, Trauma Focused Cognitive Behavioral Therapy (TF- CBT) is an alternative intervention to

use for children with developmental disabilities who have intact verbal abilities; and

WHEREAS, school nurses already have well-established and trusting relationships with children with

disabilities, making school nurses ideal persons to intervene for children who are victims

of bullying; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) encourage its constituents to

support intervention programs for victims of bullying for children with

intellectual/developmental disabilities; and be it further

RESOLVED, that the NSNA publish an article in *Imprint* on intervention programs for victims of

bullying for children with intellectual/developmental disabilities, if feasible, and be it

further

RESOLVED, that the NSNA send a copy of the resolution to the American Academy of Pediatrics, the

American Nurses Association, the National Association of School Nurses, the

Developmental Disabilities Nursing Association, the National League for Nursing, the National Organization for Associate Degree Nursing, the American Association of

Colleges of Nursing, and all others deemed appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF INCREASED EDUCATION FOR PATIENTS AT RISK FOR SUDDEN

UNEXPECTED INFANT DEATH (SUID)

SUBMITTED BY: Ohio Student Nursing Association Board of Directors

WHEREAS, the CDC estimates that each year within the United States, approximately 4,000 infants

die suddenly and unexpectedly; and

WHEREAS, studies have found that infants had higher death rates associated with Sudden

Unexpected Infant Death (SUID) when premature, had a low birth weight, a lower gestational age, or mothers who were younger, black, multiparous, less educated, or of

lower socioeconomic status; and

WHEREAS, a type of SUID, Sudden Infant Death Syndrome (SIDS) plays a major role in SUID as, "SIDS

is the third leading cause of infant deaths in the United States and the leading cause of

death in infants 1 to 12 months old" (About SUID and SIDS, 2014, p. 2); and

WHEREAS, research suggests more direct educational intervention would be needed to help more

adequately reduce the risk of SIDS; and

WHEREAS, one study reported that it was found that of the parents who were aware of the

American Academy of Pediatrics guidelines for safe infant sleep, "less than a quarter of parents incorporated the recommendations assessed by the first 3 items of the checklist—location, position, and other objects in the environment" (Ahlers-Schmidt,

Kuhlmann, Kuhlmann, Schunn, & Rosell, 2014, p. 1287); and

WHEREAS, since most cases of SIDS are due to a combination of risks, and single risk cases of SIDS

are rare, it is important to educate patients who are at risk more adequately and

address non-modifiable risk factors; and

WHEREAS, the American Academy of Pediatrics enforces the following policy, "SIDS and Other

Sleep-Related Infant Deaths: Expansion of Recommendations for a Safe Infant Sleeping Environment" and the National Institute of Child Health and Human Development

implement a "Safe to Sleep" Program; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) encourage constituents to

demonstrate ongoing commitment to increase awareness of at-risk populations for

SUID; and be it further

RESOLVED, that the NSNA publish an article on this topic in the *Imprint* Magazine, if feasible; and be

it further

RESOLVED, that the NSNA educate its constituents on the aforementioned policy and program by

the American Academy of Pediatrics and the National Institute of Child Health and

Human Development, if feasible; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses Association, the

National League for Nursing, the American Association of Colleges of Nursing, the National Organization for Associate Degree Nursing, the National Institute of Child Health and Human Development, the American Academy of Pediatrics, and all others

deemed appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF INCREASED MEDICAID EDUCATION FOR NEW USERS

SUBMITTED BY: Student Nurses at the University of Pennsylvania , Philadelphia, PA

WHEREAS, in 2008 the National Student Nurses' Association (NSNA) adopted the resolution "In

Support of Health Literacy Education"; and

WHEREAS, only about one in ten uninsured adults targeted by Medicaid under the Affordable Care

Act (ACA) have been enrolled in Medicaid in the past, and only about one-third have had previous experience with the Medicaid application or enrollment process; and

WHEREAS, "currently uninsured individuals require significantly more education: just 31.2 percent

feel very or somewhat confident in their understanding of basic health insurance terms"

(Blumberg, Long, Kenney, & Goin, 2013, p. 4); and

WHEREAS, the reading difficulty of health insurance documents and the density of the information

included make them difficult to understand and interpret; and

WHEREAS, low health insurance literacy is a potential problem for states that choose to use

Medicaid expansion funds to help beneficiaries shop the Marketplace for private coverage. Many new beneficiaries will likely have difficulty understanding all of their

coverage choices; and

WHEREAS, outreach and education strategies cannot rely solely on health care organizations,

because the target audiences often are not involved in, or have stable access to,

healthcare systems; and

WHEREAS, evidence suggests that funding community-based organizations that help patrons

understand and navigate the application process are effective; and

WHEREAS, 60% of all successful subsidy applications were completed with personal assistance from

community-based organizations; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) support the advancement of

health insurance literacy and the understanding of Medicaid expansion in order to decrease uninsured rates among Medicaid-eligible populations; and be it further

RESOLVED, that the NSNA support partnerships with wide-reaching and well known groups among

low income populations to dispense information on available resources. Such groups may include Public Housing, Unemployment Services, Low-Income Home Energy

Assistance Program, and School Lunch Programs; and be it further

RESOLVED, that the NSNA publish articles in *Imprint* that inform nursing students on the importance

of screening patients for eligibility and health literacy, and referring patients to available

health education resources, if feasible; and be it further

RESOLVED, that the NSNA support the utilization of community-based organizations to help educate

their population on Medicaid eligibility, guide them through the application process, and

assist in selecting an insurance plan; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses Association, the

National League for Nursing, the American Association of Colleges of Nursing, the National Organization for Associate Degree Nursing, the National Association of Medicaid Directors, the Centers for Medicare and Medicaid Services, the American Public Health Association, and all others deemed appropriate by the NSNA Board of

Directors.

TOPIC: IN SUPPORT OF RESEARCH TO DEVELOP AN EVIDENCE-BASED PRACTICE

RESPONSE TOWARD ACTIVE SHOOTERS IN HEALTHCARE FACILITIES

SUBMITTED BY: Drexel University Student Nurses Association, Philadelphia, PA

WHEREAS, in 2013 the National Student Nurses' Association (NSNA) adopted the resolution

"In Support of Initiatives to Increase Nursing Student Awareness of Survival

Techniques in the Event of Campus Violence;" and

WHEREAS, the U.S. Department of Homeland Security defines an active shooter as "an

individual actively engaged in killing or attempting to kill people in a confined and populated area" (Weeks, Barron, Horne, Sams, Monnich, & Alverson, 2014,

p. 44-45); and

WHEREAS, "Gun violence in hospital settings has become an alarming trend. From 2000–

2011, over 150 hospital-related shootings across 40 states resulted in at least

235 victims" (Bettini, Nelson, & Hodge Jr., 2014, p. 1); and

WHEREAS, the active shooter was the most common victim of gun violence in healthcare

facilities. Hospital employees composed 20% of victims, with physicians being

3%, while nurses were 5%; and

WHEREAS, by the time law enforcement is able to respond, most shootings are over.

In this setting, nurses face the challenge of protecting themselves and their

patients in the event of an active shooter; and

WHEREAS, a pilot program conducted by an emergency management committee

developed an in-service program to teach staff members how to recognize and respond to an active shooter. This empowered nurses and their colleagues with

the knowledge and tools necessary to alert others to the threat; and

WHEREAS, within the United States, violence continues to present itself as a significant

cultural problem. The United Nations has identified that the U.S. ranks first in

assault and murders internationally; and

WHEREAS, health care facilities are not excluded as potential settings for active shooters,

and actually seem to have a higher incidence rate as compared to other

settings; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) support further research

be conducted in developing an evidence-based response towards active

shooters in health care facilities; and be it further

RESOLVED, that the NSNA educate its constituents about the need for a nationally-

recognized, evidence-based practice response to active shooters in healthcare facilities through publications in the NSNA's newsletter, *Imprint*, focus sessions at MidYear or Annual convention, and any other means deemed appropriate by

the NSNA Board of Directors, if feasible; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Academy of

Nursing, the American Association of Colleges of Nursing, the American

Association of Healthcare Administration Management, the American Hospital

Association, the American Medical Association, the American Nurses

Association, the Emergency Nurses Association, the National Council of State Boards of Nursing, the National League for Nursing, National Nurses United, the National Organization for Associate Degree Nursing, the U.S. Department of Homeland Security, and any others deemed appropriate by the NSNA Board of

Directors.

TOPIC: IMPLEMENTING TRAINING FOR NURSING STUDENTS ON BULLYING

AWARENESS AND INTERVENTION STRATEGIES

SUBMITTED BY: Barry University, Miami Shores, FL; Hunter Bellevue School

of Nursing, New York, NY

WHEREAS, in 2010 and 2014, the NSNA passed resolutions in support of decreasing

incivility and horizontal violence; and

WHEREAS, bullying in the nursing profession negatively affects patient safety as a

result of medication errors and unsafe patient care; and

WHEREAS, a lack of awareness, training and knowledge leaves nursing students

vulnerable to bullying. These factors emerge early in the school setting

and continue in the professional setting; and

WHEREAS, schools have a responsibility for defining bullying and implementing

guidelines and strategies to address this issue; and

WHEREAS, educators have a responsibility to enforce a zero tolerance policy toward

bullying, and should "influence the content of nursing curricula to include discussions about bullying and provide students with strategies for coping with negative experiences" (Clarke, 2012, p. 275); and

WHEREAS, in a study of the effectiveness of assertiveness training in 2009, students

identified positive emotional and stress benefits as a result. Encouraging assertiveness training in the undergraduate curriculum will serve to

relieve stress in the professional setting; and

WHEREAS, the "ANA believes it is a nurse's right to work in a healthy work

environment...where a nurse does not fear retaliation for speaking out against

these actions" (ANA, 2015. para.7); therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) encourage its constituents

to develop and support a position against bullying; and be it further

RESOLVED, that the NSNA encourage its constituents to work with nursing schools to

assess, develop, and implement a standard program of preventing

bullying and reporting incidents; and be it further

RESOLVED, that the NSNA encourage schools to educate students about procedures

for reporting experiences of bullying in a confidential, supportive

environment; and be it further

RESOLVED, that the NSNA encourage schools to hold orientation sessions for

all nursing instructors on bullying policies and how to teach these conflict resolution skills and assertiveness training to nursing students, and be it

further

RESOLVED, that the NSNA support this mandatory education be in the form of online

training, live in-person training, and/or provide written information, including any other method deemed appropriate; and be it further

RESOLVED, that the NSNA publish an article in *Imprint* supporting increased awareness and

education programs in undergraduate nursing programs for the prevention of

and interventions for bullying in nursing, if feasible; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Association

of Colleges of Nursing, the National League for Nursing, the American Nurses Association, the National Council of State Boards of Nursing, the

National Organization for Associate Degree Nursing, the National

Association of Public Hospitals and Health Systems, the American Assembly of Men in Nursing, the Nurses Service Organization, the International Nurses Association, and all others deemed appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF EDUCATION OF PARENTS AND TEACHERS ON IDENTIFICATION AND

TREATMENT OF HEAD LICE

SUBMITTED BY: Duquesne University Student Nurses' Association, Pittsburgh, PA

WHEREAS, Pediculosis humanus capitis, the head louse, is an insect that resides only on the heads

of human hosts. Several times a day the louse feeds on blood from the human host and

retains its body temperature by staying close to the scalp; and

WHEREAS, individuals may notice symptoms such as tickling sensations, trouble sleeping, itching,

and sores which develop from scratching. In some cases, an individual may not notice

itching for three to six weeks; and

WHEREAS, a physical examination, which can be performed by parents, caregivers, nurses, doctors,

and other healthcare providers, is effective in the diagnosis of head lice; and

WHEREAS, at least 6 to 12 million children are affected by head lice every year; and

WHEREAS, schools have adopted "No-Nit" policies which cause children with lice, or presumed to

have lice, to miss an average of four school days. This represents not only a loss of the opportunity for learning, but a loss of funding for schools and loss of parent work days

as well; and

WHEREAS, it has been proposed "that children with lice infestations should be dismissed at the end

of the school day, and parents should be advised by the school to treat their child. After treatment, parents should fill out a form for the school describing which agent they selected for treatment and when the application occurred. When treated with the first application, children are allowed to return to school" (Eisenhower & Farrington, 2012, p.

458); and

WHEREAS, "Providing education to reduce the stigma of lice, clarify myths, and provide accurate

information about effective treatment options, as well as appropriate referrals to health

care providers, is important nursing care" (Pontius, 2014, p. 233); therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) collaborate with school nurses to

further educate teachers and parents on the topic of head lice; and be it further

RESOLVED, that the NSNA publish an article in *Imprint* about the facts, identification, and treatment

of head lice, if feasible; and be it further

RESOLVED, that the NSNA advocate for the development of school policies that reflect current

evidence-based practice on head lice, and prevent further inconvenience and burden on

teachers, parents, and children; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses Association, the

National League for Nursing, the American Association of Colleges of Nursing, The National Organization for Associate Degree Nursing, the Council on Education for Public

Health, the Society of Pediatric Nurses, the American Academy of Pediatrics, the

National Association for School Nurses, and all others deemed appropriate by the NSNA

Board of Directors.

TOPIC: IN SUPPORT OF REPLACING THE HOMAN'S SIGN WITH THE WELLS CLINICAL DECISION

MODEL AS AN ASSESSMENT OF DEEP VEIN THROMBOSIS (DVT)

SUBMITTED BY: Iowa Association of Nursing Students

WHEREAS, the Quality and Safety Education for Nurses (QSEN) has developed definitions for the six

core competencies established by the Institute of Medicine (IOM) report for integrating a quality and safety framework for nursing, one of which is evidence-based practice defined as "integrate best current evidence with clinical expertise and patient/family preferences and values for delivery of optimal health care" (Sherwood & Zomorodi,

2014, pg. 3); and

WHEREAS, Homan's sign is defined as a painful or uncomfortable sensation in the calf area when

the knee is flexed and ankle is dorsiflexed simultaneously; and

WHEREAS, Homan's test has been shown to lack both sensitivity and specificity, and thus is of no

clinical value; and

WHEREAS, the Wells Clinical Decision Model allows healthcare professionals to accurately

determine the probability that their patient has DVT before more definitive diagnostic

testing is conducted; and

WHEREAS, the Wells Clinical Decision Model uses a diagnostic algorithm to determine presence of a

DVT; and

WHEREAS, "Despite evidence Homan's sign is not useful in screening for Deep Vein Thrombosis

(DVT), it continues to appear in health assessment textbooks for nurses and evidence suggests its continued use by some practitioners" (Watkins, 2009 as cited in Anthony,

2013 pg. 95); and

WHEREAS, calf pain while performing the Homan's test is considered a positive Homan's sign and

only occurs in about 35% of cases of a DVT; and

WHEREAS, failing to elicit a Homan's sign could exclude the possibility of a DVT in the mind of a

practitioner, while a positive response could lead to unnecessary additional testing and

commencement of anticoagulation therapies; and

WHEREAS, researchers believe it should not be included in health assessment textbooks or taught

in nursing programs, and nurses in health care settings should not rely on this test alone

to screen for DVT; and

WHEREAS, the Wells Clinical Decision Model should be incorporated into nursing assessment for

use as a diagnostic tool for DVTs; therefore be it

RESOLVED, that the National Student Nurses Association (NSNA) promote awareness of the

inaccuracy of the Homan's sign as an assessment tool and the use of the Wells Clinical

Decision Model by publishing an article in *Imprint*, if feasible; and be it further

RESOLVED, that the NSNA encourage nursing programs throughout the United States to support

and facilitate discontinuation of teaching about the Homan's sign as an assessment tool

and support the use of the Wells Clinical Decision Model; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses Association, the

American Association of Colleges of Nursing, the National League for Nursing, the

National Organization for Associate Degree Nursing, and all others deemed appropriate

by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF INCREASED AWARENESS OF THE IMPORTANCE OF PERSONAL

AND HOME EMERGENCY PREPAREDNESS

SUBMITTED BY: Maryland Association of Nursing Students Board of Directors

WHEREAS, in 2013, the National Student Nurses' Association (NSNA) adopted the

resolution titled "Challenging Nursing Students to Complete Introductory Emergency Management Institute Courses in Order to Better Serve our

Communities in Times of Crisis"; and

WHEREAS, according to the World Health Organization, normal procedures are suspended

in an emergency and extraordinary measures are taken to minimize the impact

on the community; and

WHEREAS, nurses are the majority of healthcare professionals, and as such will be called

upon to respond in mass casualty situations; and

WHEREAS, the American Nurses Association suggests that nurses be aware that they will be

expected to respond in mass casualty situations and must be prepared both professionally and personally. This includes making arrangements for their

family during their absence; and

WHEREAS, in a survey in the *Journal of Emergency Nursing*, 98.9% of nurses understood

that disasters strike at any given moment. of those nurses, only 44.9% had supplies stored to care for themselves or their family during a disaster; and a nurse will be less effective in providing care in an emergency if they are

WHEREAS, a nurse will be less effective in providing care in an emergency if they are

concerned for their own family. A personal and family disaster plan is essential in order for the nurse to become an effective emergency responder; and

WHEREAS, personal disaster plans and emergency kits have proven to be effective and can

positively affect factors that influence nurses' willingness to work during a

disaster, such as type of event, personal, family, or pet safety; and

WHEREAS, the Association of Schools of Public Health's Preparedness and Response Core

Competencies state that emergency responders need to "make sure [that they] have the necessary skills, knowledge, and supplies to survive and carry out

[their] role" (Ruder, 2012, P. 360); therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) and its constituents

demonstrate their ongoing commitment to nursing disaster education by encouraging nurses and nursing students to recognize the importance of

personal disaster plans and emergency kits; and be it further

RESOLVED, that the NSNA encourage nursing students and faculty to support emergency

preparedness education to their surrounding communities, hospitals, and

schools; and be it further

RESOLVED, that the NSNA promote awareness about this issue through focus sessions at

MidYear or Annual Convention, publish an article in *Imprint*, and all other methods deemed appropriate by the NSNA Board of Directors, if feasible; and

be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Nurses

Association, the American Association of Colleges of Nursing, the Association of Community Health Nurse Educators, the Emergency Nurses Association, the Society of Trauma Nurses, the American Psychiatric Nurses Association, the American Assembly of Men in Nursing, Sigma Theta Tau International, the American Association of Critical Care Nurses, the National League for Nursing,

the National Organization for Associate Degree Nursing, the National Council of State Boards of Nursing, and all others deemed appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF INCREASING AWARENESS AND RECOGNITION OF ABUSE IN MULTIPLE

DEMOGRAPHICS

SUBMITTED BY: Mississippi Association of Student Nurses, Madison, MS; Lehigh Carbon Community

College, Schnecksville, PA

WHEREAS, Abuse is any unwanted physical, emotional, or sexual interaction; and

WHEREAS, 1 in 2 women and 1 in 5 men have experienced some form of sexual violence in their

lives; and

WHEREAS, at least five children die daily due to the effects of abuse according to the Tennyson

Center for Children; and

WHEREAS, the National Center on Elder Abuse reports 44% of nursing home residents self-report

being abused; and

WHEREAS, any patient is a potential victim of abuse; and WHEREAS, all nurses are mandatory reporters of abuse; and

WHEREAS, healthcare professionals focused on treating the presenting symptoms of the patient

may miss signs of abuse; and

WHEREAS, universal screening can be included in the standard assessment of all patients,

regardless of reason for seeking medical assistance; and

WHEREAS, early detection of abuse can provide opportunities for patient education, increased

patient safety, and reduced potential for abuse escalation; and

WHEREAS, abused individuals' accounts indicate the need for increased empathy and access to

resources; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) raise awareness of the initial signs

of abuse by holding seminars at NSNA conventions, community projects and student

nurse public events, if feasible; and be it further

RESOLVED, that the NSNA advocate for the need of universal abuse screening tools, such as the

Women Abuse Screening tool (WAST) and the Hurt Insult Threaten Scream (HITS), to the

Offices of Medicare and Medicaid and all accrediting bodies, including The Joint

Commission; and be it further

RESOLVED, that the NSNA publish an article in *Imprint* regarding initial signs and detection of all

forms of abuse at any age and provide resources for healthcare providers, if feasible;

and be it further

RESOLVED, that the NSNA send a copy of this resolution to the National League for Nursing, the

American Association of Colleges of Nursing, the American Nurses Association, the American Holistic Nurses' Association, the U.S. Department of Health and Human Services, the Centers for Medicare and Medicaid Services, the Joint Commission, the National Organization for Associate Degree Nursing, the American College of Nurse Practitioners, the American Psychiatric Nurses Association, the American Congress of Obstetricians and Gynecologists, the United States Centers for Disease Control and Prevention, and all others deemed appropriate by the NSNA Board of Directors.

TOPIC: INCREASED AWARENESS OF THE NEED FOR EDUCATOR REQUIREMENTS TO IMPROVE

LEARNING OUTCOMES OF NURSING STUDENTS

SUBMITTED BY: University of Nebraska Medical Center Western Division, Gering, NE

WHEREAS, according to the American Nurses Association (ANA) Code of Ethics for Nurses, continual

personal growth, particularly in knowledge and skill, requires a commitment to lifelong

learning, including, but not limited to, continuing education, networking with professional colleagues, self-study, professional reading, certification, and seeking

advanced degrees; and

WHEREAS, all states have continuing education requirements for teachers in education; and

WHEREAS, there are currently no requirements for nursing educators to have continuing education,

specifically in education by the National League for Nursing or the American Nurses

Association; and

WHEREAS, it is estimated that at least 7.5% of the variation and student achievement documented

resulted directly in teacher quality; 8.5% was directly a result of teacher effectiveness. It

was also noted that the actual number is likely much higher; and

WHEREAS, graduate education in nursing is generally the expected preparation for full-time faculty

roles; and

WHEREAS, most graduate programs in nursing, unless they are specifically preparation for the

educator role, do not prepare the Registered Nurse graduate to teach; and

WHEREAS, if a faculty member is responsible for directing student learning, he or she must

understand the science of education to include an understanding of learning styles; the diversity of nursing students; education theory; evaluation and assessment of learners, nursing curriculum and program outcomes; nursing curriculum design; and diverse

teaching strategies; and

WHEREAS, instructors in nursing education should include graduate preparation in teaching and

learning, including curriculum development and implementation; and

WHEREAS, an important attribute of any scholar is having the ability to effectively communicate to

their students the knowledge he or she possesses; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) support nationwide continuing

education requirements in teaching for all nursing faculty; and be it further

RESOLVED, that the NSNA encourage its constituents to pursue continuing education in teaching,

whether required by their state or not; and be it further

RESOLVED, that the NSNA publish an article in *Imprint* supporting continuing education in teaching,

if feasible; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the American Association of Colleges of

Nursing, the American Nurses Association, the National League for Nursing, the National Organization for Associate Degree Nursing, the American Nurses Credentialing Center,

and all others deemed appropriate by the NSNA Board of Directors.

TOPIC: INCREASING AWARENESS OF NURSING STUDENT TOBACCO PRODUCT INITIATION,

USAGE AND PROVIDING SAFE, EFFECTIVE CESSATION EDUCATION

SUBMITTED BY: Nursing Student Association of Keiser Melbourne, Melbourne, FL

WHEREAS, previously, the National Student Nurse' Association (NSNA) has supported resolutions

regarding awareness of smoking in 2014, 2012, 2006, and 2000; and

WHEREAS, "15% of Registered Nurses smoke and 28% of Licensed Practical Nurses smoke, which

are higher rates of smoking than other health care professionals" (Nurses, 2014, para.

1); and

WHEREAS, "99% of adult smokers begin smoking by the age of 26" (CDC, 2014, para. 1) and many

nurses begin smoking prior to entering the profession including the majority of nursing

students who are 25 years old or younger; and

WHEREAS, "smoking remains the leading preventable cause of death and disease; responsible for

more than 480,000 fatalities annually in the United States" (CDC, 2014, para. 1); and

WHEREAS, recommended cessation methods include support by telephone, internet, other forms of counseling and health provider support, along with pharmacotherapy (nicotine gum,

lozenges, patch, inhaler, and spray); however, e-cigarettes are not recommended

because these products are unregulated and contain toxic chemicals; and

WHEREAS, "80% of smokers who had attempted to quit smoking without the aid of prescription

medication or professional support reported relapsing" (SSA, 2014, para. 2); and

WHEREAS, restrictive policies in healthcare systems, facilities and schools are necessary to achieve

100% tobacco-free success; therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) promote tobacco-free nursing and

increase awareness of smoking cessation tools available to constituents by implementing a link on the NSNA website, Facebook page, Twitter page and the

Breakthrough to Nursing Guidelines for Planning BTN tools section as the board sees fit,

if feasible; and be it further

RESOLVED, that the NSNA include an article in *Imprint* about tobacco facts, smoking cessation

information, and other resources available for constituents, if feasible; and be it further

RESOLVED, that the NSNA provide classes at the MidYear and Annual convention about tobacco

facts, smoking cessation information, and that the NSNA invite organizations and

exhibitors to share their quit smoking resources; and be it further

RESOLVED, that the NSNA advocate for highly restrictive tobacco policies on all school campuses,

healthcare facilities, and hospitals to achieve a 100% smoke-free nursing population;

and be it further

RESOLVED, that the NSNA encourage nursing students to sign a tobacco-free personal pledge prior

to entering a nursing program and provide cessation assistance and referral to resources

as deemed appropriate; and be it further

RESOLVED, that the NSNA place a copy of this pact on the NSNA website for constituents to sign, if

feasible; and be it further

RESOLVED, that the NSNA send a copy of this resolution to the National League for Nursing, the

American Nurses Association, the American Association of Colleges of Nursing, the National Organization for Associate Degree Nursing, the American College Health Association, the American Cancer Society, the American Heart Association, the American Lung Association, the American Medical Association, the American Public Health Association, The Joint Commission, tobacco Free Nurses, the National Coalition of Ethnic Minority Nurse Associations, United States Food and Drug Administration, and

all others deemed appropriate by the NSNA Board of Directors.

TOPIC: IN SUPPORT OF INCREASED AWARENESS AND ASSESSMENT OF

ENVIRONMENTAL HEALTH HAZARDS IN NURSING EDUCATION

SUBMITTED BY: Nursing Students' Association of New York State

WHEREAS, in 2012, the American Nurses Association passed a resolution on advocating for

Healthy Energy Choices (including more sustainable energy sources), and has previously stated that because nurses are the largest group of healthcare workers, it is our responsibility to recognize and address environmental hazards that affect the

community; and

WHEREAS, hydraulic fracturing consists of "millions of gallons of water, sand, and chemicals...

pumped underground at high pressures to crack open rocks" for the extraction of natural gas, and often occurs within a distance of water and air intended for human

consumption (Jackson, 2014); and

WHEREAS, in March 2015, concerned with safety risks, the federal government released

national regulations on HVHF (high volume hydraulic fracturing) activities in agreement that health impacts reach further than just the geographic location

where fracking occurs; and

WHEREAS, in particular, the New York State Department of Health Report cited major global

health research, including: "climate change impacts due to methane and other volatile organic chemical releases to the atmosphere", "drinking water impacts from underground migration of methane and/or fracking chemicals associated with faulty well construction", "earthquakes induced during fracturing", stroke-correlated pollution and "increased demand for housing and medical care," (NYSDOH, 2014, p.

4); and

WHEREAS, health officials blame the incomplete testing and human health assessments before

and after drilling for the lack of action on the part of state governments to protect

citizens; and

WHEREAS, on behalf of the Alliance of Nurses for Healthy Environments, McDermott-Levy and

Kaktins write, "We do know that methane migration has affected groundwater ... Increased particulate matter and ground-level ozone have affected local triggers for asthma attacks, cardiac problems and the exacerbation of respiratory ailments"

(2014), and

WHEREAS, states have placed bans on hydraulic fracturing, HVHF or "fracking"; and

WHEREAS, healthcare officials, including the Centers for Disease Control and Prevention and

the Environmental Protection Agency, have warned against the health hazards since

2012; and

WHEREAS, the Institute of Medicine states that as nurses become the primary contact for

patients regarding environmental health and advocacy issues, competencies in undergraduate education will be key in advancing health initiatives (IOM, 2010);

therefore be it

RESOLVED, that the National Student Nurses' Association (NSNA) encourage nursing schools to

include environmental health competencies that include assessments specific to signs and symptoms associated with natural gas fracking toxins; and be it further

RESOLVED, that the NSNA encourage community and hospital intake forms to assess for these

signs and symptoms; and be it further

RESOLVED, that the NSNA publish an article in *Imprint* supporting increased awareness,

prevention, and treatment of environmental hazards, including, but not limited to,

RESOLVED,

Natural Gas High-Volume Hydraulic Fracturing (HVHF), if feasible; and be it further that the NSNA send a copy of this resolution to the American Association of Colleges of Nursing, the National League for Nursing, the American Nurses Association, the National Council of State Boards of Nursing, the National Organization for Associate Degree Nursing, the U.S. Department of Health and Human Services, the U.S. Department of Education, the American Assembly of Men in Nursing, the Nurses Service Organization, the Labor, Immigration, and Employee Benefits Division of the U.S. Chamber of Commerce, the International Nurses Association, and all others deemed appropriate by the NSNA Board of Directors.