



News from CNSA: Email Broadcast for January 2015

In this broadcast:

- 1. New issue of *Range of Motion***
- 2. Announcements**
- 3. Upcoming Events**
- 4. Committee Volunteers needed!**
- 5. CNSA Career Center**
- 6. *You're Hired!***

Happy New Year!

On behalf of the CNSA Board of Directors, Advisors, and ACNL Staff, we'd like to wish you all a Happy New Year!



1. RANGE OF MOTION: NEW ISSUE RELEASE!

The *Range of Motion* is CNSA's official quarterly newsletter. A new issue has been recently published. Read up on all of the exciting things CNSA has been up to in the past few months! Visit the CNSA website to download this issue: <http://www.cnsa.org/publications>

2. ANNOUNCEMENTS

CALLING FOR LOCAL COMMUNITY HEALTH UPDATES

Happy New Year! We at CNSA Community Health would LOVE to hear from you about what *YOUR* local chapter has been up to this past year. Email us to say hello and give us a quick overview of what your local chapter has been doing in the community. Pictures would also be

great! Contact Community Health Director, Michelle Heslop, at cnsacommunityhealth@gmail.com. Looking forward to hearing from you!

JANUARY COMMUNITY HEALTH AWARENESS

January is Cervical Health Awareness Month and National Blood Donor Month! The Community Health Committee has a great toolkit with resources and information for implementation at your local chapter coming soon to the CNSA community health section of the website.

FEBRUARY IS AMERICAN HEART MONTH

We can increase awareness of heart disease and stroke by wearing red on Thursday, February 6, 2015. Local chapters in Northern California can sign up for health screenings and show support at the capitol in Sacramento. For more information on this event, visit: <https://yourethecure.org/aha/advocacy/eventdetails.aspx?EventId=188>

ATTENTION: LOCAL CHAPTER VICE PRESIDENTS

The time has come for a review of your local chapter's bylaws. Please send a copy of your chapter's bylaws (and your updated contact information) to CNSA Vice President, Krystal Scott via email at cnsavicepresident@gmail.com

Also, all local chapter vice presidents are invited to join the CNSA Bylaws Committee. If interested, email your contact information, school, graduation date, and NSNA membership number to the CNSA Vice President.

3. UPCOMING EVENTS

MEMBERSHIP MEETING NORTH:

February 21st, 2015- Sacramento State University

Connect with CNSA members from throughout the state, hear about the upcoming events and announcements, meet directly with the CNSA Board to see what is ahead and how you can become involved, learn about CNSA scholarships and opportunities, and more at this event!

NATIONAL STUDENT NURSES' ASSOCIATION (NSNA) ANNUAL CONVENTION

April 8-11, 2015- Phoenix, AZ

The Annual Convention, held every Spring, attracts thousands of nursing students, faculty, and nurse leaders from across the country. It features keynote speakers, an exhibit hall, focus sessions, an awards ceremony, a Mini-NCLEX® Review, an auction, and many networking events.

ANA\C RN DAY AT THE CAPITOL

April 13, 2015- Sacramento, CA

Annually ANA\C presents a dynamic educational conference in Sacramento to open the world of policy and legislation in a friendly and easy to understand venue. The goal of this conference is to "open up new avenues of thinking as to how nurses can participate in the legislative process and support the nursing agenda throughout the state of California." ANA\C feels it is important for nurses and student nurses to know and understand that their voice can and will protect and enhance the nursing profession as well as nursing's position in the medical and political arenas.

NURSING STUDENTS IN SACRAMENTO INTERNSHIP (NSSI)

April 13-15, 2015- Sacramento, CA

CNSA invites all California nursing students to apply for this sponsored three-day internship where selected students will be able to train and meet with legislative nursing professionals from the American Nurses' Association\California (ANA\C). *Application deadline is March 1, 2015.*

For more information on these events, visit the CNSA website: www.cnsa.org

4. COMMITTEE VOLUNTEERS NEEDED!

BYLAWS COMMITTEE

The Bylaws Committee is responsible for reviewing the bylaws of CNSA and its chapters, recommending corrections or amendments, and preparing and distributing proposed amendments at the annual convention. Time commitment is approximately 1-2 hours per week beginning February 2015, with focus between June and August to prepare proposed bylaw amendments for the annual convention in October.

Submit your name, school name, anticipated date of graduation, and NSNA membership number to the Bylaws Committee Chair, Krystal Scott, at cnsavicepresident@gmail.com.

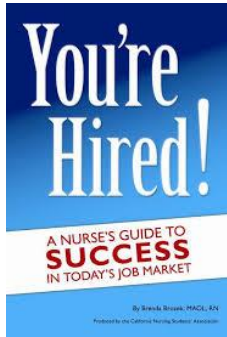
LEGISLATIVE COMMITTEE

This year's Legislative/Resolutions Committee will be split into two sub-committees: one will work with resolutions and the other will be responsible for keeping track of policy, regulatory, and legislative issues- as well as help with choosing the recipients for the Nursing Students in Sacramento Internship.

If you would like to be on the Legislative/Resolutions committee, please email your name, school name, and expected graduation date to cnsalegislativedir@gmail.com. This is a great opportunity to learn and help your fellow nursing students! We promise, this will be an unforgettable learning experience!

5. VISIT THE CNSA CAREER CENTER!

Job seekers, your next career opportunity could be closer than you think. Visit the CNSA website or click this link for more information: [CNSA Career Center](#)



6. YOU'RE HIRED! A NURSE'S GUIDE TO SUCCESS IN TODAY'S JOB MARKET

This valuable guide provides resources and tips to help you land a job. It's never too early to begin planning your job search strategy. Order today at the CNSA website. CNSA members receive a discount! Also available on Amazon.

For more news and updates from CNSA, visit www.cnsa.org

Follow us on Twitter: @CNSA_California

Follow us on Instagram: #ca_nursingstudents

Like us on Facebook: [CNSA Facebook Page](#)

Jimil-Anne Linton
2014-2015 Communications Director
cnsacommunicationsdirector@gmail.com